

WE SUPPORT YOUR LIFE

HERE'S A LIST OF OUR CURRENT SUPPORT GROUPS. PLEASE CALL THE GROUP FACILITATOR FOR MORE INFORMATION @ 212-271-7200.
EXTENSIONS LISTED BELOW.

Group	Description	Facilitator(s)
Newly Diagnosed with HIV	12-session weekly support group for persons recently diagnosed with HIV, typically within the last year.	Chuck Munn Ext 7326
Grupo de Apoyo para Gente Hispana Viviendo con VIH	El grupo se reúne los sábados a las 12pm y todas edades, géneros, y orientaciones sexuales pueden participar. Es un grupo de apoyo para ayudar a gente hispana sobrellevar su diagnóstico con apoyo mutual y empoderamiento.	Ines Guariguita Ext 7168 Julio Gonzalez Ext 7818
Young Women of Trans Experience	An ongoing support group for young women of transgender experience. Open to patients of the Health Outreach to Teens Program (HOTT).	Kylie Aquino Ext 7817 Naim Rasul Ext 7224
Mindfulness Skills	8- session weekly skills-building group open to Callen-Lorde patients who would like to learn to cultivate mindfulness and decrease stress in their lives. Part One - Dialectical Behavior Therapy Skills Building Group Series.	John Fredrickson Ext 7326
Tolerating Stress	8- session weekly skills-building group open to Callen-Lorde patients who would like to learn to increase their tolerance for stress in their lives. Part Two - Dialectical Behavior Therapy Skills Building Group Series.	John Fredrickson Ext 7326
Anger Management	12-session weekly skills-building group for Callen-Lorde patients interested in tolerating and managing anger in their lives.	Cooper Sabatino Ext 7626
Embracing Intimacy	20- session group open to Callen-Lorde patients who would like to learn to enhance their capacity of meaningful relationships.	Tony Patterson Ext 7520
Embracing Intimacy for men of African Descent	20- session group open to Callen-Lorde patients who would like to learn to enhance their capacity of meaningful relationships.	Tony Patterson Ext 7520
Trans Feminine Spectrum Support Group	Support group for adult women of transgender experience.	Cooper Sabatino Ext 7626 Leigh Howard Ext 7526

Support groups are for current Callen-Lorde patients only. Uninsured and privately insured persons have a nominal fee. Pre-screening required.