Substance Use Referrals

Outpatient Services

Virtual Appointments Only

Bass Wellness Center Psychiatry & Addiction
https://basswellnesscenter.com/
P: 917-923-0569
E: contact@basswellnesscenter.com
Location: Virtual Only
Services Available:
  ▪ Psychiatric Evaluations
  ▪ Medication Management
  ▪ Psychotherapy (REBT, CBT, Mindfulness)
  ▪ Medication Assisted Treatment (MAT) [Suboxone]
  ▪ Psychological testing
Treatment Model: Abstinence and Harm-Reduction
Intensive Outpatient Program Available: Yes
Crystal Meth-Specific Services: No
LGBTQ-Specific Services: Yes
Minimum Participation Requirements: Varies by treatment plan.
Insurances Accepted:
  ▪ Aetna
  ▪ Cigna
  ▪ Oxford
  ▪ Oscar
  ▪ United Healthcare
Self-Pay/Sliding Scale: Ranges $100-475
Languages (other than English): N/A
Policies for New Patients: Patients may schedule via Headway (https://headway.co/providers/drew-goldbaum-ratkevich or https://headway.co/providers/justin-shaw)

SohoMD
https://www.sohomd.com/
P: 888-220-6392
E: office@sohomd.com
Location: Virtual Only
Services Available:
  ▪ Telepsychiatry
  ▪ Teledotherapy
  ▪ Telerecovery
Treatment Model: Varies by provider
Intensive Outpatient Program Available: No
Crystal Meth-Specific Services: No
LGBTQ-Specific Services: No
Minimum Participation Requirements: Varies by treatment plan

Insurances Accepted:
- Aetna
- Cigna
- United Healthcare
- Oxford
- Humana

Self-Pay/Sliding Scale: No sliding scale available.
Languages (other than English): N/A
Policies for New Patients: Call facility or schedule online.

Manhattan

ACI
https://www.acirehab.org/
255 W 36th St, 8th Floor
New York, NY 11375
P: 866-378-4545, 212-378-4545
Location: Virtual & In-Person
Services Available:
- Individual, Family, Couples, & Group Counseling
- Psychiatry
- Addiction Medicine Services
- Ancillary Withdrawal Services
- Outpatient Detox

Treatment Model: Harm-Reduction
Intensive Outpatient Program Available: Yes
Crystal Meth-Specific Services: No
LGBTQ-Specific Services: Yes
Minimum Participation Requirements: Varies by treatment plan
Insurances Accepted:
- Aetna
- Americhoice
- Beacon Health
- Affinity Health
- AmidaCare
- Neighborhood Health Plan
- Hudson health Plan
- Touchstone Health
- MetroPlus
- VNSNY Choice
- Value Options
- Cigna
- Emblem/GHI – HIP
- Empire BCBS
- Fidelis
- HealthFirst
- Health Plus Amergroup
- Local 1199
- Magellan
- Medicaid
- HealthNet/MHN
- Optum (Oxford, United Behavioral Health, United Healthcare)
- University Behavioral Associates

Self-Pay/Sliding Scale: Contact facility for sliding scale fees.
Languages (other than English): Spanish
Policies for New Patients: Contact facility directly.

Addiction Institute of Mount Sinai
https://www.mountsinai.org/locations/addiction-institute
- Mount Sinai Beth Israel
  9 Nathan Perlman Place
  New York, NY 10003
  P: 212-420-4220
- Mount Sinai West
  1000 10th Ave, 8th Floor
  New York, NY 10019
  P: 212-523-6491, 212-523-8373
Location: Virtual & In-Person
Services Available:
- Outpatient detoxification
- Therapy
- Group Therapy
- Health Education Lectures
- Stress Management Training
- Art Therapy
- Pastoral Counseling
- Vocational Rehabilitation Counseling
- DWI Screening, Assessment, & Referrals
- Outpatient Rehab
- Intensive Outpatient and Office-Based Buprenorphine & Addiction Medicine

**Treatment Model:** Harm-Reduction

**Intensive Outpatient Program Available:** Yes

**Crystal Meth-Specific Services:** Yes

**LGBTQ-Specific Services:** Yes

**Minimum Participation Requirements:** Varies by treatment plan

**Insurances NOT Accepted:**
- United Healthcare
- Cigna
- Oxford
- Americhoice
- MYP Plan
- Oscar

**Self-Pay/Sliding Scale:** Contact facility for sliding scale fees.

**Languages (other than English):** Spanish

**Policies for New Patients:** Contact facility directly.

**The Center Recovery (The Lesbian, Gay, Bisexual, & Transgender Community Center)**

[https://gaycenter.org/recovery-health/recovery/](https://gaycenter.org/recovery-health/recovery/)

208 W 13 St
New York, NY 10011
P: 646-556-9300
E: recovery@gaycenter.org

**Location:** Virtual & In-Person

**Services Available:**
- Individual Counseling
- Group Counseling
- Medical Assessments
- Psychiatric Evaluations
- Biopsychosocial Assessments
- Psychotropic Medication Management
- Suboxone Treatment
- Supportive Counseling for Significant Others
- Alcohol and Substance Abuse Education
- Community Outreach and Education
- DUI Assessments
- Recovery maintenance

**Treatment Model:** Harm-Reduction

**Intensive Outpatient Program Available:** No

**LGBTQ-Specific Services:** Yes

**Crystal Meth-Specific Services:** Yes

**Minimum Participation Requirements:** Varies by treatment plan. Length of treatment is assessed on a case-by-case basis but generally lasts 6-12 months, with the first three months being more intensive.

**Insurances Accepted:**
- Medicaid
- Most Medicaid Managed Care Plans
- Cigna
- GHI
- Aetna
- Empire BCBS
- Value Options
- CHCS
- Out-of-Network

**Self-Pay/Sliding Scale:** Contact facility for sliding scale fees.

**Languages (other than English):** Spanish

**Policies for New Patients:** Contact facility directly by phone or email to schedule an intake.

**Gay Men's Health Crisis (GMHC)**

[https://www.gmhc.org/](https://www.gmhc.org/)

307 W 38th St
New York, NY 10018
P: 212-367-1200
E: intake@gmhc.org
Location: Virtual & In-Person
Services Available:
- Individual Therapy
- Medication Management
- Group Therapy
- Substance Use Therapy
- Substance Use Group Therapy

Treatment Model: Harm-Reduction
Intensive Outpatient Program Available: No
Crystal Meth-Specific Services: Yes
LGBTQ-Specific Services: Yes
Minimum Participation Requirements: N/A
Insurances Accepted: Currently all substance use services are grant-funded, and no insurance is required.
Self-Pay/Sliding Scale: Currently all substance use services are grant-funded, and no insurance is required.
Languages (other than English): Translation services available
Policies for New Patients: Contact facility directly.

Greenwich House Methadone Maintenance Treatment Program (MMTP)
https://www.greenwichhouse.org/health-services/mmtpt/
190 Mercer Street, 4th Floor
New York, NY 10012
P: 212-677-3400
E: treatment@greenwichhouse.org
Location: Virtual & In-Person
Services Available:
- Methadone Maintenance
- Buprenorphine Treatment
- Opioid Overdose Prevention Program (Naloxone Training and Distribution)
- Medical Care
- Addiction and Mental Health Counseling
- Group Counseling
- Psychiatric services
- Referrals for Adjunctive Addiction Treatment
- HIV counseling and testing
- Job training and placement assistance
- Educational assistance
- Follow-up and aftercare planning

Housing Works
https://healthcare.housingworks.org/
- Cylar CHC
  743-749 E 9th St
  New York, NY
  P: 718-277-0386
- East New York CHC
  2640 Pitkin Ave
  Brooklyn, NY
  P: 718-277-0386
- Downtown Brooklyn Health Center
  57 Willoughby Street
  (Enter at 120 Lawrence Street)
  Brooklyn, NY
  P: 718-277-0386
- Positive Health Project
  301 W 37th St
  New York, NY
  P: 212-465-8304
- 37th Street Health Center
  301 W 37th St
  New York, NY
  P: 718-277-0386
Location: Virtual & In-Person

Services Available:
- Individual/Group Level Health Education
- Risk Reduction Counseling
- Supportive Counseling
- HIV/Hepatitis-C Testing
- Benefits Navigation
- Transportation
- Food Assistance
- Community Activities

Treatment Model: Harm-Reduction

Intensive Outpatient Program Available: Yes
Crystal Meth-Specific Services: Yes
LGBTQ-Specific Services: Yes

Minimum Participation Requirements: Varies by treatment plan.

Insurances Accepted: All insurances accepted.

Self-Pay/Sliding Scale: Contact facility for sliding scale fees.

Languages (other than English): Spanish

Policies for New Patients: Contact facility directly.

The Midtown Center for Treatment & Research – Weill-Cornell Medicine
https://www.midtowntreatmentcenter.org/
56 W 45th St, 9th Floor
New York, NY 10036
P: 212-764-5178
E: info@midtowntreatmentcenter.org

Location: Virtual & In-Person

Services Available:
- Substance Use Treatment
- Individual Counseling
- Group Counseling
- Family, Marriage, & Partner Counseling
- Psychiatric Treatment
- Drug Testing
- Medication Assisted Treatment
- Ambulatory Detoxification
- DWI Screening, Assessment, & Treatment Services

Treatment Mode: Abstinence

Intensive Outpatient Program Available: Yes
Crystal Meth-Specific Services: Yes
LGBTQ-Specific Services: No

Minimum Participation Requirements: Varies by treatment plan; group participation required in addition to individual sessions.

Insurances Accepted:
- Aetna
- BCBS
- Empire BlueCross
- Most Medicaid Managed Care Plans
  Medicaid
- Out-of-Network

Self-Pay/Sliding Scale: Contact facility for sliding scale fees.

Languages (other than English): N/A

Policies for New Patients: Contact facility directly to schedule intake assessment.

Notes: Offer a Crystal Methamphetamine Group tailored for gay and bisexual men.

ReCharge (Housing Works & GMHC)
https://recharge.support/
(Located at Positive Health Project/Housing Works)
301 W 37th St, 3rd Floor
New York, NY 10018
P: 929-370-1491
E: a.bonfrancesco@housingworks.org
**Location:** Virtual & In-Person

**Services Available:**
- Individual & Group Counseling
- Harm-Reduction Support
- Medical & Psychiatric Treatment
- Health Education
- Drop-in Groups

**Treatment Model:** Harm-Reduction

**Intensive Outpatient Program Available:** No

**Crystal Meth-Specific Services:** Yes

**LGBTQ-Specific Services:** Yes

**Minimum Participation Requirements:** N/A

**Insurances Accepted:** No insurance required for treatment; currently all substance use programs are grant-funded.

**Self-Pay/Sliding Scale:** No insurance required for treatment; currently all substance use programs are grant-funded.

**Languages (other than English):** Spanish

**Policies for New Patients:** Contact facility directly.

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**Brooklyn**

**HealthCare Choices NY Community Health Center**

[https://www.healthcarechoicesny.org/](https://www.healthcarechoicesny.org/)

- Bensonhurst
  - 6209 16th Ave
  - Brooklyn, NY 11204
  - (718) 234 0073
- East New York
  - 179 Jamaica Ave
  - Brooklyn, NY 11207
  - (929) 267 5354
- LIC
  - 21-10 Borden Ave
  - Long Island City, NY 11101
  - (718) 784 5696

**E:** info@healthcarechoicesny.org

**Location:** Virtual & In-Person

**Services Available:**
- Psychiatry/Medication Management (all)
- Smoking Cessation (Bensonhurst & East NY)
- Counseling (Bensonhurst & East NY)
- Buprenorphine Treatment (Bensonhurst & East NY)
- Naloxone Training & Distribution (Bensonhurst & East NY)
- Psychological Testing [including ADHD testing] (Bensonhurst)
- Substance Use Counseling (Bensonhurst)

**Treatment Model:** Abstinence and Harm-Reduction

**Intensive Outpatient Program Available:** Yes

**Crystal Meth-Specific Services:** No

**LGBTQ-Specific Services:** No

**Minimum Participation Requirements:** Varies by treatment plan.

**Insurances Accepted:**
- Medicaid
- Medicare
- Most Insurance Plans

**Self-Pay/Sliding Scale:** An affordable sliding fee scale is offered to everyone who qualifies based on the health center guidelines. To find out if we accept your insurance or if you qualify for the sliding fee scale, please call one of our offices. Sliding scale fee chart available on website.

**Languages (other than English):** N/A

**Policies for New Patients:** Contact facility to schedule.

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**Housing Works**

[https://healthcare.housingworks.org/](https://healthcare.housingworks.org/)

- Cylar CHC
  - 743-749 E 9th St
  - New York, NY
  - P: 718-277-0386
- East New York CHC
  - 2640 Pitkin Ave
  - Brooklyn, NY
  - P: 718-277-0386
Downtown Brooklyn Health Center
57 Willoughby Street
(Enter at 120 Lawrence Street)
Brooklyn, NY
P: 718-277-0386

Positive Health Project
301 W 37th St
New York, NY
P: 212-465-8304

Location: Virtual & In-Person
Services Available:
- Individual/Group Level Health Education
- Risk Reduction Counseling
- Supportive Counseling
- HIV/Hepatitis-C Testing
- Benefits Navigation

Treatment Model: Harm-Reduction
Intensive Outpatient Program Available: Yes
Crystal Meth-Specific Services: Yes
LGBTQ-Specific Services: Yes
Minimum Participation Requirements: Varies by treatment plan.
Insurances Accepted: All insurances accepted.
Self-Pay/Sliding Scale: Contact facility for sliding scale fees.
Languages (other than English): Spanish
Policies for New Patients: Contact facility directly.

Inpatient Services

Manhattan

Addiction Institute of Mount Sinai
https://www.mountsinai.org/locations/addiction-institute
- Mount Sinai Beth Israel
  9 Nathan Perlman Place
  New York, NY 10003
  P: 212-420-4220
- Mount Sinai West
  1000 10th Ave, 8th Floor
  New York, NY 10019
  P: 212-523-6491, 212-523-837

Services Available:
- Inpatient Detoxification
- Inpatient Rehabilitation
- Group & Individual Counseling
- Individual, Group, Couples, & Family Therapy
- Intensive Relapse Prevention Training
- Medical Evaluation & Treatment
- Motivational Enhancement Groups
- Nutritional Counseling
- Psychiatric Evaluation & Treatment
- Psychoeducational Groups
- Partial Hospitalization Program (daytime)
- Relaxation/Stress Reduction
- Referral for Ongoing Counseling
- Self-Help Groups
- Discharge Planning & Referral for Continuing Care

Insurances NOT Accepted:
- United Healthcare
- Oscar

Self-Pay/Sliding Scale: Contact facility for sliding scale fees.
Languages (other than English): Spanish
Policies for New Patients:
- **Detox**: Call ahead of time to confirm bed availability. Admission is done on a walk-in basis; they recommend the patient arrive by 7am to be first in line for any available bed. Patient must bring photo ID and insurance info.

**Patients Should Bring**: Photo ID, insurance info

**Cigarettes Allowed**: No

**Transportation Provided**: No

**TGNB Accommodations**: Yes

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**Bellevue Hospital**

https://www.nychealthandhospitals.org/bellevue/health-care-services/behavioral-health/

462 1st Ave
New York, NY 10016
P: 212-562-4141 (General Info), 212-562-5555 (Appointments)

**Services Available**:
- Inpatient Detox
- Vocational Assessment & Rehabilitation
- Socialization
- Methadone Treatment Program (MTP)
- Chemical Dependency Outpatient Program

**Treatment Model**: Abstinence

**Insurances Accepted**:

**Self-Pay/Sliding Scale**: Contact facility for sliding scale fees.

**Languages (other than English)**:
- Spanish
- Chinese

**Policies for New Patients**: Bellevue can accommodate detox admissions through their ER. Pts should arrive and request detox services from their substance. Detox is accommodated through inpatient psych as Health + Hospitals do not have dedicated detox floors anymore.

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**Brooklyn**

**ACI**

https://www.acirehab.org/

589 Rockaway Ave
Brooklyn, NY 11212
P: 800-724-4444, 212-293-3000

**Services Available**:
- Inpatient Detox
- Nicotine Replacement Therapy
- Medication Management
- Individual Therapy
- Family Therapy
- Drama Therapy
- Art Therapy
- Spirituality & Meditation Practices

**Treatment Model**: Abstinence

**Insurances Accepted**:
- Psychoeducational Seminars & Groups
- Sober Recreation
- Inpatient Rehab
- Vocational Assessments
- Case Management Services
- Nutritional Groups & Assessments
- Onsite Entertainment & Sober Socialization
- Onsite NA Groups
- Discharge Planning
- Weekly Trips to Landmark Locations in Midtown Manhattan
- Eating Disorder Specialty Track
- LGBTQ Specialty Track
Self-Pay/Sliding Scale: Contact facility for sliding scale fees.

Languages (other than English):

- Spanish
- Russian

Policies for New Patients: Contact facility directly to speak with an intake coordinator.

Patients Should Bring: At least three days of clothing; there are laundering services on site. Please bring a list of current medications; any medications that are prescribed to you should be brought if you plan on attending Inpatient care. Patients can have cash up to $100 held in a safe while participating in Inpatient Detox and Rehab. Sanitary essentials are provided as needed; however, it is recommended that patients bring their own sanitary items.

Cigarettes Allowed: No

Transportation Provided: Yes

TGNB Accommodations: Inpatient units are separated by gender; patients will be placed in unit corresponding to their gender identity.

Notes: ACI offers a specialty LGBTQ track, providing weekly closed group therapy and individual therapy to “address the most common concerns for LGBTQ-identified clients.”

Yonkers

St. John’s Riverside Hospital
https://riversidehealth.org/
967 N Broadway
Yonkers, NY 10701
P: 877-944-2273, 914-964-7537

Services Available:

- Medically Managed Detoxification
- Inpatient Rehabilitation

Treatment Model: Abstinence

Insurances NOT Accepted:

- United Healthcare Medicare
- Healthplus

Self-Pay/Sliding Scale: Available for detox, not available for rehab. Contact facility for sliding scale fees.

Languages (other than English): No

Policies for New Patients: Contact facility directly.

Patients Should Bring: Any prescribed medications, photo ID, and insurance card

Cigarettes Allowed: No

Transportation Provided: Yes, for patients covered by Medicaid (MAS Transportation).

TGNB Accommodations: Yes

Long Island

Seafield
Updated: May 4, 2022

https://www.seafieldcenter.com/
7 Seafield Lane
Westhampton Beach, NY 11978
P: 800-448-4808, 631-237-8596

Services Available:
- Inpatient Detox
- Inpatient Rehab
- Individual & Group Counseling
- Workshops, Lectures, & Other Experiences
- Acupuncture
- Recreation Therapy
- Yoga
- Meditation
- Spiritual Guidance
- Nutritional Counseling
- Individual-Specialized Needs Groups
- Medication Assisted Treatment (MAT)
- HealthNet/MHN
- Optum (Oxford, United Behavioral Health, United HealthCare)
- University Behavioral Associates

Treatment Model: Abstinence

Insurances Accepted:
- Aetna
- AmeriChoice
- Beacon Health (Affinity/Molina, AmidaCare, Neighborhood Health Plan, Hudson Health Plan, Touchstone Health, Metroplus, VNSNY Choice, Value Options)
- Cigna
- Emblem/GHI – HIP
- Empire BCBS
- Fidelis
- HealthFirst
- Health Plus Amerigroup
- Local 1199
- Magellan
- Medicaid
- HealthNet/MHN
- Optum (Oxford, United Behavioral Health, United HealthCare)
- University Behavioral Associates

Self-Pay/Sliding Scale: No
Languages (other than English): N/A

Policies for New Patients: Call directly to schedule phone assessment.

Patients Should Bring:
- One week’s supply of comfortable clothes
- Personal hygiene items (i.e. toothpaste, toothbrush, laundry detergent, etc. All items must be new and sealed)
- Small amount of money for misc. expenses (i.e. laundry, telephone, vending machines)
- Prescription card and any prescription medications you take on a regular basis
- Insurance card & claim forms
- Photo ID
- Names, addresses, & phone numbers of people you need to contact (keep in pocket, not in luggage)

Cigarettes Allowed: No
Transportation Provided: Yes
TGNB Accommodations: No specific policies in place
Notes: Seafield offers a specialty group for LGBT patients.

Virtual Support Groups

Alcoholics Anonymous (AA)
See below for websites containing links to virtual meetings:
- [http://aa-intergroup.org/directory_glbtp.php](http://aa-intergroup.org/directory_glbtp.php) - list of virtual LGBTQ meetings, format: varies
- [https://rainbowroomaa.org/schedule](https://rainbowroomaa.org/schedule) - NYC-based LGBTQ meetings each day at 6:45 PM, format: Zoom

Narcotics Anonymous (NA)
See below for websites containing links to virtual meetings:
- [https://virtual-na.org](https://virtual-na.org) - general NA meetings, can search for LGBTQ, format: varies
- [http://www.nabyphone.com](http://www.nabyphone.com) - general NA meetings, format is phone, ***24/7 meeting at 712.770.5326 - code 499271#
Crystal Meth Anonymous (CMA)
See below for virtual meetings
- http://www.nycma.org - groups each day of the week, format: Zoom
- https://crystalmeth.org/cma-meetings/cma-meetings-directory/3736-online.html - online meeting directory organized by day of the week, format: varies

The Center Recovery (The Lesbian, Gay, Bisexual, & Transgender Community Center)
https://gaycenter.org/recovery-health/recovery/
- Thursdays, 7-8 PM - "Recovery Maintenance" a recovery drop-in process group connecting people in various stages of recovery. Zoom link: https://gaycenter.zoom.us/j/706306913, Meeting ID: 706 306 913, Password: TheCenter, Dial In- 19292056099 – enter meeting ID
- Tuesdays, 6-7 PM - "Kaleidoscope" a group is for TGNB people who are looking for support in reducing or eliminating their substance use. Zoom link: https://gaycenter.zoom.us/j/211439929?pwd=elVqSzYwNlNNWndNU0Fhdk9ZK3Rzdz09, Meeting ID: 211 439 929, Password: dailygenda, Dial In- 19292056099 – enter meeting ID

Mountainside
Mountainside is offering free virtual support groups for those in recovery, family/friends of those in recovery, and healthcare workers: https://mountainside.com/about-us/events/virtual-support-groups. Format is Microsoft Teams.