



NYC-Metro Area Transgender and Gender Non-Conforming (TGNC) Community Resources

Callen-Lorde Community Health Center

Updated 07/28/2016

There are many resources out there for Transgender and Gender Non-Conforming (TGNC) people! This is a guide to community organizations and social and supportive services in the NYC-Metro area that are either known to have experience working with TGNC people, or who offer unique services that some in our community might need. However, *the presence of an organization here does not mean that it will be a safe referral for all TGNC people.* If you have any concerns, it is always a good idea to bring a friend or other supportive ally with you.

Finally: Resource guides are always evolving! We hope to keep up-to-date. If you are starting an organization or service for TGNC people and want to be added to this resource guide, please call 212-271-7200 and ask to speak to the Transgender Health Care Coordinator

This guide is created for TGNC people in the NYC-Metro area. Inclusion of organizations here should not be taken to imply endorsement by Callen-Lorde of these organizations.

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356 W. 18th Street
New York, NY 10011

212-271-7200
www.callen-lorde.org/

NEED SUPPORT NOW? CRISIS HOTLINES**LGBT Support****TGNC Support Chatrooms and Suicide Prevention**

Laura's Playground

www.lauras-playground.com/forums/index.php?

Online support forums and peer support groups for TGNC people, loved ones, and family.

GLBT National Help Center Hotlinewww.glnh.org/

Local Hotline: (212) 989-0999

National Hotline: (888) 843-4564

Youth Talkline: (800) 246-7743

Free and confidential helpline for the GLBT community.

Hopelinewww.hopeline.com and www.imalive.org/

(800) SUI-CIDE / (800) 784-2433 (English)

(800) SUI-CIDA / (800) 784-2432 (Español)

Crisis intervention and suicide prevention hotline. Online chat support at imalive.org.**LGBT Warm Line**

(518) 338-3884 Mon-Fri

Support line for non-crisis calls. Albany/Upstate region.

How to (Help Someone) Stay Alivewww.feministoutlawz.com/ - Go to "Resources" link.

Online support guide published by Feminist Outlawz.

Intimate Partner and Domestic Violence**Anti-Violence Project Hotline**

24 Hr. Bilingual Hotline: (212) 714-1141

Assistance for LGBT survivors of violence.

NYC 24-hour Domestic Violence Hotline

(800) 942-6906 (English)

(800) 942-6908 (Español)

National Domestic Violence Hotline

(800) 799-SAFE

Safe Homes Project

HOTLINE: (718) 499-2151

Assistance for LBT homeless people in NYC

Safe Horizons Hotlines

Domestic Violence: (800) 621-4673

Crime Victims: (866) 689-4357

Rape, Sexual Assault and Incest: (212)227-3000

TDD for all hotlines: (866) 604-5350

Youth and Young Adults**National Runaway Switchboard****Ages 12-21**www.1800runaway.org/

(800) RUN-AWAY / (800) 786-2929

Crisis intervention, referrals, assistance getting home, and advocacy for runaway youth.

Trevor Project**Ages 13-24**www.thetrevorproject.org/

Trevor Lifeline: (866) 488-7386

Crisis intervention & suicide prevention for LGBTQ Youth.

ANTI-VIOLENCE, SELF DEFENSE, AND RESOURCES FOR SURVIVORS**The Anti-Violence Project**www.avp.org/

Manhattan: 240 West 35th St., Suite 200

(212) 714-1184

24 Hr. Bilingual Hotline: (212) 714-1141

Free, confidential assistance for LGBT and HIV-affected people who have experienced intimate partner/family/ domestic violence and/or hate violence in NYC. English and Spanish speakers available.

Center for Anti-Violence Educationwww.caeny.org/

Brooklyn: 327 7th St., 2nd Floor

(718) 788-1775

Self-defense classes for women, girls, LGB, and TGNC people. Free classes available to survivors. Power Action Change program for teen women and TGNC youth.

generationFIVEwww.generationfive.org/index.php

Oakland, CA and National

(510) 251-8552

Through survivor and bystander leadership development, community prevention and intervention, public action, and cross-movement building, generationFIVE works to interrupt and mend the intergenerational impact of child sexual abuse on individuals, families, and communities. Puts on leadership training events, provides resources, and collects survivors and bystanders stories.

New York City Domestic Violence Hotline

1-800-621 HOPE (4673)

24 Hour NYC Hotline that helps callers locate available shelter beds in safe locations. English and Spanish speakers available. Can also call 311 to ask for hotline.

Right Rideswww.rightrides.org/

Brooklyn: 26 Court St., Suite 505

Office number: (718) 522-0822

Dispatch number: (718) 964-7781 and

(888) 215-SAFE / (888) 215-7233

Right Rides operates on Friday nights from 12-3 am and provides free rides home within their service area (see website for more info) to women and all TGNC people.

Sanctuary for Familieswww.sanctuaryforfamilies.org/

(212) 349-6009

Counseling, shelter, legal, and supportive services for survivors of intimate partner/domestic violence and their children in NYC. Work with clients from all backgrounds; specialized services for immigrants, LGBTQ people, and victims of sex trafficking.

Safe Homes Projectwww.goodshepherds.org/programs/community/shp.html

HOTLINE: (718) 499-2151

Hotline crisis intervention, short-term individual counseling, safety planning, information, referrals, and advocacy for LGBTQ survivors of intimate partner/ domestic violence. Shelter is for women DV survivors (including LGBT women).

Safe Horizonwww.safehorizon.org/**Hotlines:****Domestic Violence:** (800) 621-4673

Crime Victims: (866) 689-4357

Rape, Sexual Assault and Incest: (212)227-3000

TDD for all hotlines: (866) 604-5350

Provides counseling, shelter, legal, and other services to victims of domestic violence, rape and sexual assault, stalking, trafficking, and child abuse in New York City. Special programs for youth and young adults and families of homicide victims. Offers shelters, supportive services, counseling, court advocacy and legal assistance, child advocacy centers, youth drop-in centers, and more. Project SAFE provides free lock replacements.

Sexual Assault and Violence Intervention Program

www.mssm.edu/SAVI/

Manhattan: Mt. Sinai Hospital, 1468 Madison Ave.
(212) 423-2140

Counseling for survivors of rape, sexual assault, child abuse, domestic violence, and intimate partner violence and support services for friends and families of survivors; Takanot Project, counseling and support services for Orthodox Jewish survivors of sexual assault and domestic violence; Legal advocacy; Education and training; Emergency room advocates called in at these hospitals:

Manhattan: Harlem Hospital; Lenox Hill Hospital; Metropolitan Hospital; The Mount Sinai Hospital

Queens: Elmhurst Hospital Center; Queens Hospital Center; The Mount Sinai Hospital of Queens.

Ages 13-24 (Youth)

See also: Anti-Violence; Health Care; Housing and Shelter

Camp Aranu'tiq

www.camparanutiq.org/

New England and California locations
(617) 467-5830

Week-long overnight summer camp for transgender and gender-variant youth ages 8-15. Southern California and Southern New England locations.

COMMUNITY CENTERS AND SUPPORTIVE SERVICES

Camp Ten Trees

www.camptentrees.org/

Seattle: 1122 E Pike ST, PMB #1488
(206) 288-9568

Offers one camp for LGBTQ youth and allies ages 8-17 and another for the children of LGBTQ and/or non-traditional families. Washington State location.

Center Lane

Ages 13-21

www.centerlaneny.org/

White Plains: 34 South Broadway, Ste. 214. Tue.-Thu.
(914) 358-1006

Yonkers: 20 South Broadway, Ste. 420. Mon and Fri.
(914) 423-0610

Emotional and social support, individual, group and family counseling, advocacy, education/training, talent shows, dances, poetry slams, etc.

COLAGE: People with a LGBTQ Parent

All ages

www.colage.org/

San Francisco: 1550 Bryant St., Suite 830
(415) 861-5437

National support organization of people of all ages with 1 or more LGBTQ parent/s. Youth empowerment and leadership development opportunities, summer camp programs, and advocacy for LGBTQ families. Resources for loved ones of TGNC people of any age.

- Kids of Trans Guide (for people with a TGNC parent): www.colage.org/resources/kot/
- Let's Get This Straight: The Ultimate Handbook for Youth with LGBTQ Parents: www.colage.org/featured/letsgetthisstraight/

Cometfire

Ages 11-14

Manhattan: The JCC, 334 Amsterdam Ave.

www.pflagnyc.org/support/cometfire

scottquasha@me.com

Non-sectarian discussion and support group for LGBT and Questioning young people. Topics include sexuality and gender identity, youth empowerment, and self-esteem.

The Door

Ages 12-21

www.door.org/

Manhattan: 555 Broome St.

(212) 941-9090

Social and supportive services. Drop-in center, college advisement and tutoring, counseling, creative arts, English Language (ESOL), foster care support, GED prep, jobs and internships, legal and immigration services, health and dental care, sexual health and birth control, LGBTQ programming, support for runaway and homeless youth, and supportive housing.

FIERCE

Ages 13-24

www.fierceny.org/

Manhattan: 147 West 24th St., 6th Floor

(646) 336-6789

Leadership development, political education, community building, youth-led campaigns, and cultural expression through arts and media.

Hetrick Martin Institute

Ages 12-21

www.hmi.org/

Manhattan: 2 Astor Place, 3rd Floor

212-674-2400

Newark: YES Center, 200 Washington St.

Social and supportive services for LGBTQ young people. Drop-in center, mental health services, case management, arts and culture, health education, and HIV testing/counseling. NY location also works closely with the Harvey Milk School, a public high school for LGBT students.

Hudson Pride Connections Center

Ages 13-18—Youth Connect

Ages 19-25—CRAVE

www.hudsonpride.org/

Jersey City, NJ: 32 Jones St.

(201) 963-4779

Youth Connect (youth support group, tutoring, empowerment workshops, job development assistance,

computer access, meals); CRAVE—Creating Relationship and Visions of Empowerment (young adult support group addressing employment and education, relationships, sexual health, and domestic violence) HIV testing and prevention education, and more); Transgender Support Groups – GLITZ (Girls Living In the Trans Zone), and BLITZ (Boys Living in the Trans Zone).

LGBT Community Center—Youth Enrichment Services (YES)

Ages 13-21

www.gaycenter.org/youth

Manhattan: 208 West 13th St.

(212) 620-7310

Offers social, supportive, and mental health services to the New York's LGBT community, including drop-in center support groups, social events, youth programming, supportive counseling, and recovery.

National Runaway Switchboard

Ages 12-21

www.1800runaway.org/

Crisis intervention and information and referrals for runaway youth as well as help connecting with families and/or agencies, free bus tickets home, prevention and education, and online resources.

New Alternatives

Ages 16-24

www.newalternativesnyc.org/

Meets at Marble Collegiate Church

Manhattan: 50 E 7th St.

Social and supportive services, including: case management, life skills workshops, community building, educational and discussion groups, hot meals, food pantry, clothing, and toiletries. Walk-in Sundays 6-8 pm and Tuesdays 5-9 pm.

Long Island Gay and Lesbian Youth (LIGALY)

Ages 13-21

www.ligaly.org/

Bay Shore, NY: 34 Park Ave.

(631) 665-2300

Garden City, NY: 400 Garden City Plaza, Suite 110

(516) 323-0011

Social and supportive services for LGBT and Questioning young people in Nassau and Suffolk County, including drop in center, computer lab, support groups, referrals, safe schools initiative, HIV testing and counseling, and leadership development.

Urban Justice Center—Peter Cicchino Youth Project Up to age 25

www.urbanjustice.org/ujc/projects/peter.html

Manhattan: 123 William St. 16th Floor,

(646) 602-5600

Free legal services to homeless and street involved youth. Any young person can call 877-LGBT-LAW to make an appointment with PCYP (though youth have to be members of Streetwork or AFC to come to our legal clinics). In addition to general legal services (including name changes) we also do immigration work.

Transition Youth Family Allies

www.imatyfa.org/index.html

(888) 462-8932

Support for TGNC youth and their families. Online

message boards, newsletter, educational programs, and support for educators, health care practitioners, and other service providers in working with TGNC youth. Reading lists for youth and adults. Spanish language resources.

Willie Mae Rock Camp for Girls

Ages 8-18

www.williemarockcamp.org/

Brooklyn: 87 Irving Place

(347) 599-0716

Summer Rock Camp and yearlong rock music education (Instrumental, Ensemble, and Band) at the Willie Mae Music Lab in Brooklyn for people who self-identify as female, trans, and gender non-conforming. Adult "Ladies Rock Camp" for people 18+.

Ages 18+ (Adults)

See also: Anti-Violence and HIV/AIDS Services

Audre Lorde Project

www.alp.org/

Manhattan: 147 West 24th St., 3rd Floor

(212) 463-0342

Brooklyn: 85 South Oxford St.

(718) 596-0342

Works with LGB, Two Spirit, and TGNC (LGBTSTGNC) People of Color towards mobilization, education and capacity-building, for community wellness and social and economic justice.

3rd Space Support Program addresses barriers to employment, education, health care, and immigration status, and runs a health and wellness program that offers acupuncture, reiki, meditation, yoga, health screenings, and registered nurses.

TransJustice mobilizes TGNC people of color around: access to jobs, housing, and education; Trans-sensitive healthcare, HIV-related services, job-training programs; and resisting police, government and anti-immigrant violence.

Bluestockings Books

www.bluestockings.com/

Manhattan: 172 Allen St.

(212) 777-6028

Radical bookstore, fair trade café, and activist center. TGNC-specific books. Frequent community events and readings that feature work by TGNC people.

Bodies Like Ours

www.bodieslikeours.org/

Online community and peer support for people born intersexed and/or with atypical genitals.

CK Life

cklife.org/

(347) 881-7005

Bronx: 1067 Ogden Avenue

Offers a transgender support group (RSVP required), a scholarship for gender-confirming surgeries, and runs the CK Life Trans Clinic in partnership with Bronx Lebanon.

Cross Dressers International (CDI)

www.cdinyc.org/

(212) 564-4847

CDI is a support and social activity group for MTF cross-dressers, transgender women, drag queens, and genderqueers.

Deaf Queer Resource Center & Planet Deafqueer

www.deafqueer.org/ and planet.deafqueer.com/

San Francisco, CA: PO Box 14431, SF CA, 94114

Resource and information for, by, and about the deaf queer community. Specific pages for Deaf Queer Youth and Deaf Transgender/Transsexual people. Planet Deafqueer is a project of the Deaf Queer Resource Center.

Hudson Pride Connections Center

www.hudsonpride.org/

Jersey City, NJ: 32 Jones St.

(201) 963-4779

Social and supportive services including groups: GLITZ (Girls Living In the Trans Zone), BLITZ (Boys Living in the Trans Zone), SAGE-NJ, and Youth Connect.

Identity House

www.identityhouse.org/

(212) 243-8181

Manhattan: 208 West 13th St. (@ the LGBT Center)

Walk-In Hours: Saturday and Sunday 6-8 pm.

Provides LGBT and questioning people with drop-in supportive peer counseling, referrals, and support groups.

LGBT Community Center

www.gaycenter.org/

Manhattan: 208 West 13th St.

(212) 620-7310

Social, supportive, and mental health services to the LGBT community, including social events, youth services, and recovery services.

Center Wellness offers many different wellness groups, including recovery and 12-step groups, health, support, and education. www.gaycenter.org/health/wellness.

Gender Identity Project offers individual peer counseling, referrals, identity-based support groups: Masculine Spectrum; Feminine Spectrum; Partners, Family, and Friends; and TGNC Parents. www.gaycenter.org/gip/.

Lesbian Cancer Initiative provides support groups, counseling, education, outreach, and early detection services to lesbians, bisexual women, women who partner with women, TGNC people, and friends/family/partners/caregivers. www.gaycenter.org/health/lci.

The LOFT—LGBT Community Services Center for the Lower Hudson Valley

www.loftgaycenter.org/

White Plains: 252 Bryant Ave.

(914) 948-2932

Support groups: transgender support group, AA, SAFE (Spirit and Faith for Everyone); adult education groups; a library and computer center; referrals for services; Pro-Bono Name Change Project for TGNC people and Drop-In Legal Clinic for LGBT legal questions; HIV testing and counseling; group for LGBT parents and their children.

Long Island GLBT Community Center

www.liqlbtcenter.org/

Bay Shore, NY: 34 Park Ave.

(631) 665-2300

Garden City, NY: 400 Garden City Plaza, Suite 110

(516) 323-0011

Long Island Trans Experience (LITE) offers support groups for trans people and partners/family/friends; periodic Name Change Clinic; Mental Health; 12-step Recovery; services for GLBT Seniors; Anti-Violence Project; Adoptive Parent Prep Class; Parenting Support Group; SAGE-LI, youth programming, and computers.

Make the Road By Walking

www.maketheroadny.org/

Brooklyn: 301 Grove St.

(718) 418-7690

Queens: 92-10 Roosevelt Ave., Jackson Heights

(718) 565-8500

Staten Island: 479 Port Richmond Ave.

(718) 727-1222

Free bilingual English-Spanish legal and supportive services aimed at holistic support; Assistance with Public Benefits, SSD/I, Fair Hearings, Housing, Immigration, Healthcare and insurance access, Civil Rights issues; Community organizing and advocacy.

North East Two Spirit Society

www.ne2ss.org/

(646) 351-7360

Education for communities regarding indigenous and Two-Spirit histories and traditions; community building among Two-Spirit people in the NE by promoting health and spiritual well-being; building alliances with allied community organizations.

PFLAG

www.pflag.org/

www.pflagnyc.org/

NY Chapter: (212) 463-0629

Support for parents, families, and friends of LGBT people. Regional support networks and national resources. **Transgender Network (TNET)** supports loved ones of TGNC people.

- Welcoming Our Trans Families and Friends:

www.community.pflag.org/Document.Doc?id=202

Queens Pride House

www.queenspridehouse.org/

Queens: 76-11 37th Ave., St. 206, Jackson Heights

(718) 429-5309

Social and support groups, including Transgender Discussion Group, health education, and referrals. Drop-in center with computer lab and lending library.

Queers for Economic Justice

www.q4ej.org/

Manhattan: 147 W. 24th St., 4th Floor

(212) 564-3608

Shelter organizing project for LGBT people living in NYC shelters, leadership development, and advocacy for poor and low-income LGBT New Yorkers.

Pride Center of New Jersey

www.pridecenter.org/

Highland Park, NJ: 85 Raritan Ave., Suite 100

(732) 846-2232

Community center and supportive services for LGBTQ adults and teens. Support groups include "True Selves" for TGNC people.

Sex Workers Project

www.sexworkersproject.org/

Manhattan: 123 William St, 16th Floor

(646) 602-5617

Provides client-centered legal and social services to individuals who engage in sex work, regardless of whether they do so by choice, circumstance, or coercion. Online resource guide available on SWP website.

Staten Island LGBT Center

www.silgbtcenter.org/

Staten Island: 25 Victory Boulevard, 3rd Floor

(718) 808-1360

Social and supportive services, TRANSistors support group for TGNC people, free counseling services, "Clean, Sober, and Happy!" group, seniors group, prospective parents group, and other group services, Youth services,

HIV testing and counseling, computer lab, and referrals.

Ages 50+ (Elders)

See also Community Centers—Ages 18+

Griot Circle

www.griotcircle.org/

25 Flatbush Ave., 5th Fl., Brooklyn
(718) 246-2775

Culturally diverse social and supportive services for LGBT elders 50+. Buddy program, support group for people living with HIV/AIDS, computer classes, and more.

SAGE (Services and Advocacy for GLBT Elders)

www.sageusa.org/

Manhattan: 305 7th Ave., 6th Fl.
(212) 741-2247

Advocacy, social and supportive services for LGBT seniors. SAGEWorks provides employment assistance; SAGECAP provides assistance and support to caregivers; SAGEConnect is an online resource library and web discussion for providers and advocates. Community Services at the LGBT Center on 13th street, including Drop-In; Discussion Series; Case Management; and Individual and Group Counseling; SAGEHarlem provides events and support to LGBT Seniors in upper Manhattan.

SAGE Long Island

www.sageli.org/

Bay Shore, NY: 34 Park Ave.
(631) 665-2300

Garden City: 400 Garden City Plaza, Suite 110
(516) 323-0011

Advocacy, social, and supportive services for LGBT seniors. Discussion groups, Gay-Straight Alliance at Huntington Senior Center, Advisory Groups, PFLAG meetings, and trainings for providers working with LGBT seniors.

SAGE Hudson County

www.hudsonpride.org/programs-services/pride-connections/lgbt-seniors/

Jersey City, NJ: Hudson Pride Connection, 32 Jones St.
(201) 963-4779

Weekly support group and referral services for LGBT Seniors.

Willie Mae Rock Camp for Girls

www.williemaerockcamp.org/

Brooklyn: 87 Irving Place
(347) 599-0716

Summer Rock Camp and yearlong education at the Willie Mae Music Lab for girls, women & TGNC youth & adults.

COMMUNITY ADVOCACY ORGANIZATIONS

ACT-UP (AIDS Coalition to Unleash Power)

www.actupny.org/

Manhattan: 332 Bleecker St., Ste G5

Diverse, non-partisan group united in anger and committed to direct action to end the AIDS crisis.

Empire State Pride Agenda

www.prideagenda.org/

Manhattan: 16 West 22nd St., Second Floor

(212) 627-0305

Political advocacy for LGBT New Yorkers, including advocacy for TGNC New Yorkers.

GLAAD: Gay & Lesbian Alliance Against Defamation

www.glaad.org/

Manhattan: 104 W. 29th St., 4th Fl.
(212) 629-3322

Promotes fair, accurate, and inclusive media representation of LGBT people to combat discrimination based on sexual orientation and gender identity.

Human Rights Campaign

<http://www.hrc.org/>

Washington, DC: 1640 Rhode Island Ave. N.W.
(800) 777-4723

Advocacy and organizing for LGBT rights. Resources for TGNC people include guides for TGNC people and employers and the Corporate Equality Index which measures workplace inclusivity.

- Transgender Visibility Guide: A Guide to Being You: www.hrc.org/resources/entry/transgender-visibility-guide
- Transgender Americans: A Handbook for Understanding: www.hrc.org/resources/entry/transgender-americans-a-handbook-for-understanding
- Transgender-Inclusive Benefits for Employees and Dependents: www.hrc.org/resources/entry/transgender-inclusive-benefits-for-employees-and-dependents
- Transgender Inclusion in the Workplace: www.hrc.org/resources/entry/transgender-inclusion-in-the-workplace-2nd-edition1

National Center for Transgender Equality

transequality.org/

Washington, DC: 1325 Massachusetts Ave., Ste. 700
(202) 903-0112

Federal advocacy. Conducts government oversight and builds alliances. Provides Fact Sheets and Guides for TGNC people on topics like correcting Passports and interacting with the TSA (airport security).

National Gay and Lesbian Task Force

www.thetaskforce.org/

Manhattan: 80 Maiden Lane, Ste. 1504
(212) 604-9830

Transgender Civil Rights Project provides leading legislative, policy, and strategy assistance towards increasing the rights of transgender people. Guides for TGNC people include:

- Opening the Door to the Inclusion of Transgender People: The Nine Keys to Making LGBT Organizations Fully Transgender-Inclusive: www.thetaskforce.org/reports_and_research/opening_the_door
- Transgender Equality: A Handbook for Activists and Policymakers: www.thetaskforce.org/reports_and_research/trans_equality
- Transitioning Our Shelters: A Guide to Making Homeless Shelters Safe for Transgender People: www.thetaskforce.org/reports_and_research/trans_homeless

New York Association of Gender Rights Advocacy (NYAGRA)

www.nyagra.com/

Manhattan: 24 W. 25th St., 9th Floor
(212) 675-3288

NYAGRA advocates for freedom of gender identity and expression for all.

Pride at Work

www.prideatwork.org/

Washington, DC: 815 16th St., NW
(202) 637-5014

AFL-CIO LGBT Constituency group mobilizing support Labor movement and the LGBT community to support LGBT workers social and economic justice.

Servicemembers Legal Defense Network (SLDN)

www.sldn.org/

Washington DC: PO Box 65301, Washington DC 20035
(202) 328-3244 or (202) 328-FAIR

Legal services, watchdog, and policy work that supports LGB and TGNC servicemembers and is dedicated to full equality and ending discrimination and harassment based on sexual orientation or gender identity. Free legal services to active service members and veterans.

- Freedom to Serve: The Definitive Guide to LGBT Military Service: www.sldn.org/pages/guide-to-open-service

Transgender American Veterans Association

www.tavausa.org/

Akron, OH: PO Box 4513, Akron, Oh 44310

Support and advocacy for TGNC veterans. Works to ensure that TGNC vets are able to access health care and are treated fairly and equally. Collaborates with Servicemembers Legal Defense Network

Transgender Health Initiative of New York

Transgender Legal Defense and Education Fund

www.transgenderlegal.org/

Manhattan: 151 West 19th St., Suite 1103
(646) 862-9396

THINY is TLDEF's community group that works to improve access to trans-specific health care in New York.

EDUCATION

Harvey Milk High School

www.schools.nyc.gov/schoolportals/02/m586/default.htm

Manhattan: 2 Astor Place
(212) 477-1555

Public transfer high school for school-aged LGBTQ students that works closely with the Hetrick Martin Institute.

TONI Project (Transgender On-campus Nondiscrimination Information)

www.transstudents.org/

(202) 903-0112

Washington DC: 1325 Massachusetts Ave NW, Suite 700
Online resource for TGNC people to share information about the policies and practices of colleges and universities across the US.

Transgender Students Rights

www.transgenderstudents.org/

Promotes rights of TGNC students across the globe. Resources for students, teachers, and administrators and online community for TGNC student activists and organizers.

EMPLOYMENT

Association of Transgender Professionals

www.transgenderprofessionals.org/

TGNC people seeking to advance careers, and facilitate networking and mentoring in TGNC communities.

Human Rights Campaign Employer Database

www.hrc.org/resources/entry/search-our-employer-database

Database of employer non-discrimination policies and practices with regards to LGBT employees.

Out and Equal's LGBTCareerLink

outandequal.lgbtcareerlink.org/jobseekers/

Job database for LGBT people looking for employment.

Transgender Job Bank

www.transgenderprofessionals.org/

Job database for TGNC people looking for employment.

FOOD

HRA—SNAP/Foodstamps

www.nyc.gov/html/hra/html/directory/food.shtml

HRA Infoline: (718) 557-1399

See eligibility information at nyc.gov/accessnyc. Apply in person at an HRA or Foodstamps office, online, or by phone. Find Foodstamps offices online or by calling (800) 342-3009. You can also enroll with a Food Stamps Facilitated Enroller—call (212) 894-8060.

NYC Coalition Against Hunger

www.nyccah.org/get-food

Manhattan: 50 Broad Street, Suite 1520

(212) 825-0028

Neighborhood Guides for finding food sources in NYC. Searchable online database of available food sources. Food sources include food pantries, soup kitchens, information about applying for foodstamps and WIC, and Greenmarkets. Neighborhood-specific info available.

HAIR REMOVAL: LASER & ELECTROLYSIS

Electrolysis

Berkowits School

berkowitzschool.com

Queens: 107-25 Metropolitan Ave., Forest Hills

(718) 544-4234

Discounted rates, work done by students. TGNC friendly.

A American Electrolysis Studio

www.americanelectrolysisstudio.com

Manhattan: 347 5th Avenue, Suite 1207

(212) 689-3254

Electrolysis and waxing. Package deal for 10 sessions.

A Perfect Skin

www.aperfectskin.com

Bronx: 35-10 Bainbridge, Ave.

(718) 231-1313

Electrolysis and skin care available.

A Hollywood Way Electrolysis

ahollywoodway.com

Manhattan: 1270 Broadway

(212) 736-4925

Electrolysis, photoepilation, waxing, and skin care. Habla Espanol y Portugues,

Affordable Permanent Electrolysis

www.affordablepermanentelectrolysis.com

Manhattan: 201 West 21st St. #15D

(212) 633-1503

Electrolysis. Out transgender provider.

Breier Hair Removal and Skin Care

www.breierhairremovalandskincare.com

Queens: 85-15 Main St. #9N

(718) 206-2744

Electrolysis, Skin Care, Massage.

Joy Anzarouth, CPE

www.bare-and-beautiful.com

Manhattan: 315 West 55th St., Lobby D

(917) 670-6878

Electrolysis and skin care.

Lucy Peters International

www.lucypeters.com

Manhattan: 150 East 5th St.

(212) 486-9740

Hair removal using their own "integrated system." Locations in NYC; Cherry Hill, NJ; Philadelphia & Bryn Mawr, PA; Brentwood, TN; and Dallas, TX.

New York Electrolysis Office

www.electrolysisny.com

19 West 21st St., Ste 904

(917) 210-4388 x101

Electrolysis.

Nios Spa: The Permanent Hair Removal Center

www.niosspa.com

Manhattan: 315 W. 57th St., Ste. 308

(212) 863-9058

Electrolysis and skin care services. Donates portion of sales to non-profit organizations.

Rainbow Electrolysis

<http://www.rainbowelectrolysis.com/>

Provider Name: Kalani Catbagan

Brooklyn: 143 Columbia Street

Tel: (917)-207-0790

Email: rainbowelectrolysis@gmail.com

Electrolysis for lower surgeries

Susan Nasta

snasta.tripod.com

Staten Island: 97 New Dorp Lane, Ste. D

(917) 596-9701

Electrolysis.

Laser

Berkowits School

laserhairinstitute.com

Queens: 107-25 Metropolitan Ave., Forest Hills

(718) 544-4234

Discounted rates, work done by students.

Body Beautiful Spa & Laser Center

www.bodybeautifulspa.com/

Manhattan: 116 East 7th St.
(212) 979-5515
Laser, waxing, skin care.

Light Touch Laser Spa

www.lighttouchnyc.com

Manhattan: 1133 Broadway, Suite 303
(646) 926-7202

Laser hair removal, spider vein removal, pigmented lesion removal, rosacea therapy, skin tightening.

Mitchell A. Kline, MD

www.nycdermatologyandcosmeticcenter.com

Manhattan: 700 Park Ave.
(212) 517-6555

Laser hair removal, discounts for TGNC community members (as per NYAGRA directory).

Queens Laser & Electrolysis Hair Removal

www.queenshairremoval.com

Queens: 87-08 Justice Ave., Suite 2J, Elmhurst
(718) 507-1921

Laser, electrolysis, skin rejuvenation. TGNC friendly.

Satori Hair Removal

www.satorilaser.com

Manhattan: 481 Eighth Ave., Ste. 1202
(212) 268-7799

Manhattan: 133 W. 14th St.

(212) 366-2588

Hicksville, LI: 247 W. Old Country Road
(516) 932-2008

Laser, spider vein removal, skin tightening, skin resurfacing. Donates 15% of sales.

www.gaelquevara.blogspot.com/

917-459-8779

Founder and Owner of ViPRtrainingNYC. Offers one-on-one personal training sessions as well as small group sessions.

Geleni Fontaine Acupuncture

www.geleniacupuncture.webs.com/

(718) 374-1703

Licensed acupuncturist offering a supportive environment to facilitate your healing. Seniors, families, people of color, queer and trans folks, survivors of violence, and everyone in all bodies is welcome. Sliding scale fees: \$15 - \$45. English and Spanish.

Integrative Movement—Jeanne Reilly

www.integrativemovement.org/

(646) 641-4508

Pilates, gyrotonic, gyrokinesis, and acupuncture. brings passion, caring, and reverence for the human body to every session.

Dr. Kate Klemer

www.drkateklemer.com/

Manhattan: 32 Union Square East, Suite 411
(888) 375-2835

Chiropractor with experience with TGNC people. Offers Biodynamic Craniosacral Therapy and Nutrition Counseling. Some private insurance accepted.

Rock Dove Collective

www.rockdovecollective.org/

Coordinated network of health practitioners in the NYC area who provide physical, mental, sexual, emotional, social and spiritual care. Many practitioners in network accept mutual aid as payment and/or offer sliding scales for services. Directories include: Alternative Medicine, Bodywork, Community Education, Conventional Medicine, Counseling/therapy, Reproductive Health, Sexual Health, Spiritual-Based Healing, and Traditional Eastern Medicine.

Stone Circles

www.stonecircles.org/

Mebane, NC: 6602 Nicks Road
(919) 304-5000

Offers accessible retreats, educational tools, convenings, training and community events for individuals, groups and social movements. SOUL Sanctuary, a five-day refuge program for agents of progressive change, four to five times per year at no charge. Each SOUL Sanctuary retreat is comprised of at least 50% people of color.

Third Root Community Health Center

www.thirdroot.org/

Brooklyn: 380 Marlborough Road
(718) 940-9343

Provides holistic, collaborative care in an accessible and sustainable manner. Offers Queer & Trans Yoga and offers TGNC-friendly services. Community and Individual Acupuncture, Massage-Tuina and/or Shiatsu, Yoga, Herbal and Nutrition Consults, and Community Health Workshops. Sliding scale.

HEALTH CARE: HOLISTIC & WELLNESS

3rd Space Support at the Audre Lorde Project

www.alp.org/

Manhattan: 147 West 24th St., 3rd Floor
(212) 463-0342

Brooklyn: 85 South Oxford St.
(718) 596-0342

Addresses barriers to employment, education, health care, and immigration status, and runs a health and wellness program that offers acupuncture, reiki, meditation, yoga, health screenings, and registered nurses.

Alicia O Yoga

www.ayoyoga.com/

Classes are a balance between vigorous Vinyasa flow, breath, anatomical awareness, self reflection and care. Combines yoga with social justice & specializes in yoga for youth, activists & those dealing with injuries.

Brooklyn Open Acupuncture

www.brooklynopenacupuncture.com/

(347) 871-6736

Brooklyn: 388 Atlantic Ave., 3rd Floor

Offers individualized acupuncture and herbal treatments from skilled practitioners in a comfortable community setting. Sliding scale.

Gael Guevara, Certified Personal Trainer

HEALTH CARE: NEW YORK CITY

See also HIV/AIDS Service Organizations

Ages 13-24 (Youth)

CK Life Trans Clinic—Bronx Lebanon

cklife.org/

(347) 881-7005

Bronx: 1067 Ogden Avenue

Services offered to people under 18 who are emancipated minors or who have parental consent.

Offers Primary Care, HIV Care, Hormone Therapy, Trans-Affirmative GYN, STI screenings and HIV counseling/Testing, short term mental health counseling and referrals. Additionally offers assistance in accessing transition related surgeries.

Health Outreach To Teens Clinic @ Callen-Lorde

www.callen-lorde.org/

Manhattan: 356 W. 18th St.

(212) 271-7200

Welcoming, non-judgemental, confidential medical and mental health services for LGBTQ, homeless, runaway, and other street-oriented young people. Located at Callen-Lorde Community Health Center and on the HOTT medical van, which goes to various Manhattan locations. Free or low-cost services (insurance is accepted). New patients 21 and younger, and care is offered until age 24 (patients transition into the adult clinic at Callen-Lorde).

HEAT Program (Health and Education Alternatives for Teens)

Kings County Hospital

www.heatprogram.org/

Brooklyn: 760 Parkside Ave., Rm. 308

(718) 467-4446

Medical and Supportive Services for young people ages 13-24. Adolescent HIV Primary Care, Perinatal HIV Care, Hormone therapy, STI Screening and treatment and HIV testing and counseling, Anal Paps, Case Management, Mental Health services, sexual/reproductive health care, and pre-natal health care for young mothers.

Mt. Sinai Adolescent Health Center

www.mountsinai.org/patient-care/service-areas/adolescent-health/

(212) 423-3000

Manhattan: 312 East 94th St.

Comprehensive medical, mental health, and supportive services for young people ages 10-22. Reproductive health services, SEEK Peer Educator program, eating disorders program, nutritionist, teen parenting program, substance use prevention and treatment, teen sexual assault survivor program, learning disabilities evaluation, and legal services.

Ages 18+ (Adults and Elders)

See also HIV and AIDS Service Organizations

APICHA Community Health Center

www.apicha.org/

Manhattan: 400 Broadway

(212) 334-7940

Adult primary Medical Care with emphasis on Asian and Pacific Islander (API) LGBT Health and Wellness. Transgender Health Clinic, HIV Care, Sexual Health Services, Chronic Disease Management (Diabetes, Asthma, Hepatitis B and C, HIV, Hypertension), Short term mental health counseling and referrals.

Beth Israel Medical Center, LGBT Health Services

www.lgbthealthservices.org

Manhattan and Brooklyn

212-844-6389

BIMC LGBT program offering information, referral and patient navigation for LGBT patients and consumers; outreach and health education for LGBT organizations and communities in New York City, professional education and training for providers in LGBT health care topics. Beth Israel Medical Group: Primary Care Practices In Manhattan and Brooklyn offering Trans* affirmative primary care, hormones and referrals for subspecialty care, for adolescents and adults , full range of insurance plans accepted.

Beth Israel Medical Group

Manhattan: 222 W 14th St.

(212) 604-1800

Adult primary care, including transgender care. Health First & most private plans

Beth Israel Medical Center, LGBT Health Services

www.lgbthealthservices.org

Manhattan and Brooklyn

212-844-6389

BIMC LGBT program offering information, referral and patient navigation for LGBT patients and consumers; outreach and health education for LGBT organizations and communities in New York City, professional education and training for providers in LGBT health care topics. Beth Israel Medical Group: Primary Care Practices In Manhattan and Brooklyn offering Trans* affirmative primary care, hormones and referrals for subspecialty care, for adolescents and adults , full range of insurance plans accepted.

Callen-Lorde Community Health Center

www.callen-lorde.org/

Manhattan: 356 W. 18th St.

(212) 271-7200

Adolescent, adult, and senior primary medical care with emphasis on LGBT Health and Wellness and HIV Primary Care. Hormone treatment, Transgender Sexual Health Clinic, trans-affirmative gynecology, Alternative Insemination program, STI screenings and HIV testing and counseling, dentistry, short-term mental health care, and case management.

CK Life Trans Clinic—Bronx Lebanon

cklife.org/

(347) 881-7005

Bronx: 1067 Ogden Avenue

Offers Primary Care, HIV Care, Hormone Therapy, Trans-Affirmative GYN, STI screenings and HIV counseling/Testing, short term mental health counseling and referrals. Additionally offers assistance in accessing transition related surgeries.

Community Health Network

chennyc.org/

Main Number: (866) 246-8259

Bronx: 975 Westchester Ave.

(718) 320-4466

Manhattan: 150 Essex St.

(212) 477-1120

Queens: 90-04 161st St.

(718) 523-2123

Adult and senior primary health care, Transgender Care, HIV Care, mental health services, gynecology, STI screening and HIV testing and counseling, podiatry, and dentistry. Services for teens. Health Centers, offices, and mobile units in the Bronx, Brooklyn, Manhattan, and Queens. Most Medicaid and private plans, Sliding scale.

Gouverneur Hospital LGBT Health Program

nyc.gov/html/hhc/gouverneur/html/news/pr_lgbt_program.shtml

Manhattan: 227 Madison St.

(212) 238-8188

Adult primary care for LGBTQ people, including transgender health. Most Medicaid and private plans.

Housing Works

www.housingworks.org/

Many Locations in Manhattan and Brooklyn

(877) 296-9264

Services for low-income people who are HIV+, including: Medical, Dental, and Mental Health care; COBRA Case Management; ADHC; Emergency assistance and referrals; substance use counseling; Legal Services, Transgender Services, Transgender Support Group, and Transgender Transitional Housing Program.

Persist

persisthealthproject.org/

Community health partners in support of individuals in the sex trade. Links individuals to culturally competent providers and provides resources to support in self-advocacy in medical settings.

Peter Krueger Center

Manhattan: 317 E 17th St.

(212) 420-2620

wehealny.org/services/BI_Aidsservices/KruegerCenter.html

Adult primary care, including transgender care. Straight Medicaid only; HIV+ patients with select Medicaid plans

Sidney Hillman and Phillips Family Practice Institute for Family Health

www.institute2000.org/

Manhattan: 16 East 16th St.

(212) 206-5200

Adult and senior primary care, HIV primary care, diabetes care, STI testing and treatment and HIV testing and counseling, sexual and reproductive health care.

Village Care

www.vcny.org/

Manhattan: 121A West 20th St.

(212) 337-9290

Adult and senior primary care and HIV primary care, AIDS day treatment, Adult Day Health Center, treatment adherence, services for seniors, case management, residential care: skilled nursing and independent living.

NOTES**HEALTH CARE: U.S. LGBT CLINICS**

Many clinics provide services to LGBT people throughout the US. Check your local LGBT Center for referrals.

Directories

GLMA—Find a Provider: glma.org/

Scarleteen—Find a Doc: scarleteen.com/find_a_doc

Judgement Free Providers: [jfhcp.org/](http://jfhcp.org/National)

Planned Parenthood

www.plannedparenthood.org/

Services vary by affiliate, and may include: hormonal therapy, sexual & reproductive health care, clinical breast/chest exams, HIV testing, pregnancy testing, emergency contraception, and abortion services.

East**Baltimore: Chase-Brexton**

www.chasebrexton.org/

Baltimore, MD: 1001 Cathedral St.

(410) 837-2050

Primary care, hormone therapy, dental care, mental health services, HIV care, psychiatry, and podiatry, STI screening and HIV testing, gynecology.

Massachusetts: Fenway

www.fenwayhealth.org/

Boston, MA: Ansin Building: 1340 Boylston St.

(617) 267-0900

Boston, MA: Borum Health Center: 130 Boylston St.

(617) 457-8140

Adult and adolescent primary care, HIV primary care, transgender care and hormone therapy, dental care, optometry, STI testing and treatment and HIV testing and counseling, LGBT parenting services, Violence Recovery Program, sexual and reproductive health services, support groups, psychiatry, mental health services, and case management.

Pennsylvania: Mazzoni Center

www.mazzonicenter.org/

Philadelphia, PA: 809 Locust St.

(215) 563-0658

Adolescent and adult primary care, HIV care, drop in health clinic for young people under 24, transgender health services and hormone treatment, laser hair removal, sexual and reproductive health care, STI screening and treatment and HIV testing and counseling, counseling and recovery, support groups, mental health services, case management, and legal services.

Washington DC: Whitman Walker

www.whitman-walker.org/

Elizabeth Taylor Medical Center

1701 14th St., NW

Max Robinson Center

2301 Martin Luther King, Jr. Ave., SE

(202) 745-7000

Adult primary medical care, transgender health care and hormone treatment, sexual and reproductive health care, anal cancer screenings, STI screening and treatment, HIV testing and counseling, Breast Health Initiative, medical adherence, dental clinic, PEP, mental health services, legal services, and case management.

Midwest**Illinois: Howard Brown**

www.howardbrown.org/hb_services.asp?id=37

Chicago, IL: 4025 N. Sheridan Rd.

773-388-1600

Primary care, hormone therapy, mental health, HIV care, substance use treatment, case management, smoking cessation, alternative insemination, older adult services, youth services.

Ohio: LGBT Pride Clinic

McCafferty Health Center

www.metrohealth.org/body.cfm?id=2410

Cleveland, OH: 4242 Lorain Ave.

(216) 957-4905

Primary Health for children, adolescents, and adults, transgender health care and hormone therapy, chronic disease management (hypertension, diabetes, etc), sexual and reproductive health care, mental health services, and case management.

South

Florida: T-House

www.t-houseonline.com/

Broward County/South Florida

(954) 467-4700 x 5604

Referrals to TGNC Medical Care, HIV/AIDS services, social and supportive services, and TGNC community in South Florida.

Georgia: Feminist Women's Health Center

www.feministcenter.org/

Atlanta, GA: 1924 Cliff Valley Way NE

(404) 248-5445

Annual physicals, pelvic exams, clinical chest exams, STI screening and lab work for non-trans women, intersex, and transmasculine-spectrum people.

Georgia: Intown Primary Care

www.intownprimarycare.com/

Atlanta, GA: 730 Ponce de Leon Pl. Unit B

(404) 541-0944

Primary care, HIV care, hormone replacement, psychiatry, STI testing, laser hair removal, other laser treatments. Accepts many private and public plans, including Medicare and GA Medicaid.

Texas: Resource Center Dallas

Nelson-Tebedo Community Clinic

www.resourcecenterdallas.org/

Dallas, TX: 4012 Cedar Springs Rd.

(214) 528-2336

Low-cost hormone therapy and lab monitoring with no-fee consultation.

Tennessee: CHOICES: Memphis Center for Reproductive Health

www.mcrh-tn.org/

Memphis, TN: 1726 Poplar Ave.

(901) 274-3550

Hormone therapy, primary care, STI testing and treatment, pelvic exams and PAP, fertility services, HIV testing, HIV case management, and Referrals, menopause counseling and management.

Virginia: Transition your Life Clinic (TLC)

ACCESS AIDS Care

www.accessaids.org/site/our-services/community-programs/74-transgender-clinic.html

Norfolk, VA: 3415 Granby St.

(757) 640-0929

Hormone therapy, referrals to primary care, confidential HIV testing, psychological evaluation.

Virginia: Fan Free Clinic – Transgender Clinic

www.fanfreeclinic.org/

Richmond, VA: 1010 North Thompson St.

(804) 358-6343

Primary care, hormone therapy, support services, STI screening, mental health referrals

Virginia Transgender Resource and Referral List

www.vdh.state.va.us/epidemiology/

[DiseasePrevention/Hotline/TransRRList.pdf](http://www.vdh.state.va.us/epidemiology/DiseasePrevention/Hotline/TransRRList.pdf)

Published by the Virginia DOH, Division of Disease Prevention and The Virginia Transgender Taskforce on behalf of the Virginia HIV Community Planning Group.

West

California: LGBT Center of LA

McDonald/Wright Building

www.laglc.org/

Los Angeles, CA: 1625 N Schrader Blvd.

(323) 993-7518

Primary health care for TGNC people, including pap smears and pelvic exams, prostate exams, hormone therapy, post-surgical care for those who have had gender confirming procedures.

California: Dimensions

Castro-Mission Health Center

www.dimensionsclinic.org/

San Francisco, CA: 3850 17th St.

(415) 934-7757

Primary Medical Care, HIV Care, Transgender Care, STI testing and treatment and HIV testing and counseling, sexual and reproductive health care, PAP and pelvic exams, pregnancy testing, birth control, immunizations, mental health care, and case management.

California: Lyon-Martin

www.lyon-martin.org/index.php

San Francisco, CA: 1748 Market St., Suite 201

(415) 565-7667

Primary care, HIV care, hormone therapy, pelvic exams and PAPs, breast/chest exams, mental health services, behavioral health services, referrals. Accepts Medi-Cal, SF Health Plan, Medicare, Healthy San Francisco, Family PACT, Every Woman Counts, and sliding scale payment.

California: Tom Waddell

www.sfdph.org/dph/comupg/oservices/medsvs/hlthctrs/tomwaddellhlthctr.asp

San Francisco, CA: 50 Lech Walesa (Ivy) St.

(415) 355-7588

Primary care, hormone therapy, HIV Care, mental health, social services, and nutrition.

Oregon: Outside In Clinic

www.outsidein.org/

Portland, OR: 1132 SW 13th Ave.

503-535-3800

Services for youth and adults, focusing on homeless youth and medically marginalized people, including transgender people. Primary medical care, sexual and reproductive health care, transgender health services and hormone therapy, STI testing and treatment and HIV testing and counseling, acupuncture and Chinese medicine, chiropractor, dental care, psychiatry, tattoo removal, syringe exchange, and case management.

Washington: Gender Alliance of the South Sound Transgender Resource Guide

www.southsoundgender.com/

www.southsoundgender.com/GASS-RESOURCE-GUIDE.pdf

Published by Gender Alliance of the South Sound and has resources for Western Washington.

AIDS Center of Queens County (ACQC)

www.acqc.org/

Queens: 161-21 Jamaica Avenue, 6th Floor

Main: (718) 896-2500

HIV/AIDS SERVICE ORGANIZATIONS

Jamaica Hillside: (718) 739-2525
 Far Rockaway: (718) 868-8645
 Long Island City: (718) 472-9400
 Case Management, Housing, Legal, Preventive Education, Mental Health, Harm Reduction and a Syringe Exchange program for HIV-positive and HIV-affected people in Queens.

Asian & Pacific Islander Coalition on HIV/AIDS

www.apicha.org/

Manhattan: 400 Broadway
 (212) 334-7940

Adult primary Medical Care with emphasis on Asian and Pacific Islander (API) LGBT Health and Wellness. Transgender Health Clinic, HIV Care, Sexual Health Services, Chronic Disease Management (Diabetes, Asthma, Hepatitis B and C, HIV, Hypertension), Short term mental health counseling and referrals.

Gay Men's Health Crisis

www.gmhc.org/

Manhattan: 446 West 33rd St.
 (212) 367-1000

Social and supportive services for people living with HIV/AIDS, including case management and referrals, legal services, counseling, nutrition, wellness, workplace readiness, and more. Experience with TGNC people, services in English & Spanish.

Hispanic Aids Forum (HAF)

www.hafnyc.org

Manhattan: 213 West 35th St., Floor 12
 (212) 563-4500

62-07 Woodside Ave., St. 300, Woodside, Queens
 (718) 803-2766

Supportive services for HIV+ people. Queens location has support groups and services for women of transgender experience.

HIV Law Project

www.hivlawproject.org/

Manhattan: 15 Maiden Lane, 18th Fl.

Serves HIV+ Bronx and Manhattan residents with housing, immigration, benefits, and healthcare. Bilingual English/Spanish.

Housing Works

www.housingworks.org/

Many Locations in Manhattan and Brooklyn
 (877) 296-9264

Services for low-income people who are HIV+, including: Medical, Dental, and Mental Health care; COBRA Case Management; ADHD; Emergency assistance and referrals; substance use counseling; Legal Services, Transgender Services, Transgender Support Group, and Transgender Transitional Housing Program.

Ages 13-24 (Youth)

Ali Forney Center

Ages 16-24

www.aliforneycenter.org/

224 W. 35th St., Ste 1102, Manhattan
 (212) 222-3427

Emergency housing, transitional housing, and social services for homeless LGBTQ young people. Day program, street outreach, case management, medical care, HIV testing & counseling, mental health, food, showers, employment assistance, and housing.

Green Chimneys

Ages 16-20

HOUSING AND SHELTER

www.greenchimneys.org/

For information and referrals: (718) 732-1501

Referrals for homeless young people: (718) 732-1507

The NYC Division of Green Chimneys provides housing and social services to LGBTQ young people who are homeless or in foster care in multiple NYC locations.

Sylvia's Place

Metropolitan Community Church of New York Charities

Ages 18-24

mccny.org/resources/mccny-charities/

Manhattan: 446 W 36th St.

(212) 629-7440 x226

6-bed shelter for LGBTQI runaway and homeless young people. Offers social and supportive services.

Safe Horizon—Streetwork Project

For young people under 24

www.safehorizon.org/index/get-help-8/for-homeless-youth-41.html

(800) 708-6600

Drop-in centers with meals, supportive services, social activities, support groups, syringe exchange, medical care, and referrals to residential programs.

Streetwork Harlem Drop-In Center

209 W. 125th St., Manhattan

(212) 695-2220

M, T, Th, F 12-5 pm

Lower East Side Drop-In Center

Manhattan: 33 Essex St.

(646) 602-6404

M 2-5 (injection drug users only); T,Th,F 2-7

Transgender Housing Network

Includes resources youth, but not youth-specific

www.transhousingnetwork.com/

On-line clearing house of available housing options, including couches, apartments, shelters, and other resources.

Trinity Place

Ages 18-24

www.trinityplaceshelter.org/

Manhattan: 164 W. 100th St.

(646) 580-7045

10-bed transitional shelter for LGBTQ young people.

Referrals to medical, social, and supportive services.

True Colors

Ages 18-24

www.intergenerational.org/truecolors.php

Manhattan: 267-269 W. 154th St.

(212) 873-6300

Permanent supportive housing and social services for runaway and homeless young people.

Ages 18+ (Adults and Elders)

TGNC-Specific Housing Networks

Queer Housing Listserve

groups.google.com/forum/?hl=en&fromgroups#!forum/qc-housing-list

Housing listserv advertising housing opportunities for LGBTQ people in NYC.

Queer Housing Nacional (NYC)

groups.google.com/forum/?hl=en&fromgroups#!forum/queer-housing-nacional

Housing listserv advertising housing opportunities for Women of Color and allies, welcoming of TGNC people,

with a NYC focus.

Transgender Housing Network

www.transhousingnetwork.com/

On-line clearing house of available housing options throughout the US, including couches, apartments, shelters, and other resources.

Shelters

KNOW YOUR RIGHTS

Under DHS policy, you have the right to be housed according to the gender you identify as. Shelter workers are required to call you by the name and pronouns you use and to place you in a shelter that matches your gender, regardless of what your ID documents say.

- You cannot be forced to use or go to a facility that does not match your gender
- You cannot be forced to dress in a way that does not match your gender
- For more information, or for assistance **if you are experiencing trans discrimination in the shelter system, contact SRLP at 212-337-8550.**

New York City Shelter System

If you are homeless, you have a right to shelter in New York City. You can seek assistance by going to any of the intake shelters listed below. There are no adult LGBT or trans-specific shelters in New York City. If you are having difficulty applying for shelter or receiving a bed, or if you have any questions, you can **get help at the Coalition for the Homeless Crisis Intervention Program.** 129 Fulton St., Manhattan. Arrive before 9 AM to receive help on a first-come-first-served basis.

City Intake Shelters

30th St. Men's Shelter
Manhattan: 400-430 30th St. at First Ave.
6 train to 28th St and walk to 30th St & 1st Ave.

Brooklyn Women's Shelter

Brooklyn: 116 Williams Ave.
Take the C train to Liberty Ave.

Franklin Women's Shelter

Bronx: 1122 Franklin Avenue at East 166th St.
Take the 2 or 5 train to 149th St / 3rd Ave and the 55 Bus to 3rd Ave and E.166th St.

Prevention and Temporary Housing (PATH)

For families with children under 21
Bronx: 151 East 151st St.
Take the 2, 4, or 5 train to 149th Street/Grand Concourse. Walk north on Grand Concourse two blocks, to E. 151st St. and turn left. Walk two blocks to Walton Avenue.

MainChance Shelter

www.grandcentralneighborhood.org/services/mainchance-drop-in-center/

Manhattan: East 32nd St.
(212) 883-0680 Ext. 301
Food, clothing, showers, space for resting, and social services including housing assistance, treatment referrals, and employment counseling. Has some experience working with transgender people.

Sanctuary for Families

www.sanctuaryforfamilies.org/
(212) 349-6009

Provides counseling, shelter, legal, and other services to victims of domestic violence and their children in New York City. Work with clients from all backgrounds, with specialized services for immigrants (including targeted

outreach to African women and Spanish-speaking women), LGBTQ people, and victims of sex trafficking.

If you or someone you know is in need of help, call Sanctuary for Families: (212) 349-6009.

Safe Home Project

HOTLINE: (718) 499-2151

LGBT Shelter for Survivors of Domestic/Intimate Partner Violence. Inclusive of trans women.

Safe Horizon

www.safehorizon.org/

Hotlines:

Domestic Violence: (800) 621-4673

Crime Victims: (866) 689-4357

Rape, Sexual Assault and Incest: (212)227-3000

TDD for all hotlines: (866) 604-5350

Provides counseling, shelter, legal (including court advocacy), and supportive services to victims of domestic violence, rape and sexual assault, stalking, trafficking, and child abuse in New York City. Special programs for youth and young adults and families of homicide victims. Project SAFE provides free lock replacements.

Public & Supportive Housing Programs

HIV/AIDS Service Administration

www.nyc.gov/html/hra/html/directory/hasa.shtml

(212) 971-0626

People who are HIV+ and meet HASA's medical and financial eligibility requirements may be eligible for housing and financial assistance from HASA. If you are interested in HASA please see a case manager at your medical facility or at an HIV/AIDS service organization.

Mental Health Housing—Office of Mental Health

People who experience serious mental illnesses and meet OMH's mental health requirements may be eligible for supported housing. Homeless people living with serious mental illness may qualify for priority housing. If you are interested in Supported Mental Health Housing, please see a case manager at your medical facility, ask your therapist, or ask a case manager at any mental health support program you attend.

NYC Housing Authority (NYCHA)

www.nyc.gov/html/nycha/

(718) 707-7771

Bronx/Manhattan: 478 E Fordham Rd. 2nd Fl., Bronx

Brooklyn/S.I.: 787 Atlantic Ave., 2nd Fl., Brooklyn

Queens: 90-27 Sutphin Boulevard, 4th Fl.

Very long wait lists (2+ years). Eligible applicants will be added to waitlist. Must meet the income limits, be a citizen or documented resident, and be over 18. Call to get an application, or visit a Customer Contact Center (Open M-F 8-5) .

Section 8

New Section 8 applications are not being processed.

Housing Works: Transgender Transitional Housing Program

www.housingworks.org/locations/detail/transgender-transitional-housing-program

Brooklyn: 2611 Pitkin Ave.

718-827-8700 x150

Transitional housing for transgender people living with HIV/AIDS who have HASA. The program has 23 scattered-site apartments and residents also participate in Housing Works East Adult Day Health Care programming.

Support for Homeless People

Coalition for the Homelesswww.coalitionforthehomeless.org/

Manhattan: 129 Fulton St.

(212) 776-2000

Assistance for people who are homeless or at risk, including: problems at shelters and intake centers; benefits; mailing address; housing; referrals for: shelter, clothing, food, counseling, legal services, recovery and detox, job training, medical and mental health services, domestic violence counseling, immigration services, assistance with IDs, and more. Walk-in M-F before 9 AM for first-come-first-serve basis.

Goddard Riverside Outreach Teamgoddard.org/our-programs/homeless-adults/manhattan-outreach-consortium/

(212) 595-3066 and (212) 785-6690

Provides outreach to street-homeless people in NYC residing in specific areas, including the subway system.

Lower East Side Harm Reduction Centerwww.leshrc.org/

Manhattan: 25 Allen St.

(212) 226-6333

Syringe Exchange, Case Management, Therapy and Psychiatry, Medical, HIV and Hep C Testing, Peer Education, Nutrition, Drop-In Center, Wellness Services, Transgender Advocacy Group, and support groups.

IMMIGRATION AND SERVICES FOR**See also Legal Services****Citizenship NOW! At City University of NY**www.cuny.edu/about/resources/citizenship.html

(646) 344-7245

Provides free and confidential immigration law services. Many locations. One-on-One consultations assess participants' eligibility for legal benefits and assist with applications. Referrals to community, educational, and volunteer opportunities. Tutoring in English and for immigration exam. Not LGBT specific.

Desis Rising Up and Moving (DRUM)www.drumnation.org/

Queens: 72-18 Roosevelt Ave.

(718) 205-3036

Builds leadership in low-income South Asian immigrant communities, particularly of women and youth, undocumented immigrants, and immigrants who are detained, in NYC. Runs several projects including the Immigrant Justice Program, Azaadi Legal Defense Project, Youth Power! and the Queens Drivers License Coalition.

Families for Freedomwww.familiesforfreedom.org/

Manhattan: 35 West 31th St, #702

Hotline: (646) 290-5551

(646) 290-8720

NY-based multi-ethnic defense network by and for immigrants facing and fighting deportation.

HealthRight Internationalwww.healthright.org/

Manhattan: 80 Maiden Lane

(212) 226-9890

Assists in applications for asylum based on human rights violations. Experience working with TGNC people.

Immigration Equalitywww.immigrationequality.org/

Manhattan: 40 Exchange Place, St. 1705

(212) 714-2904

Free immigration legal services for HIV-affected and LGBT people, including asylum seekers.

Legal-Aid Societywww.legal-aid.org/

Manhattan: 199 Water St.

(212) 577-3300

Provides Civil and Criminal legal services to low-income New York residents.

Immigration Law Detention Hotline: (212) 577-3456

Community Law Office: (212) 426-3000

Employment Law Project: (888) 218-6974

Health Law Project: (212) 577-3575

HIV/AIDS Representation Project of the Harlem

Homeless Rights Project: (800) 649-9125

Low-Income Taxpayers Clinic: (212) 426-3013

Prisoners Rights Project: (212) 577-3530 **or** write to

Prisoners' Rights Project / The Legal Aid Society / 199 Water St. / New York, NY 10038

Lorena Borjas Community Fundlorenaborjasqueens@hotmail.com

Supports low-income LGB and TGNC immigrants to deal with the collateral consequences of arrest, criminal

conviction, jail time and court appearances including the financial burdens, loss of personal property, and the many pressures to accept unfavorable pleas.

New York Legal Assistance Group

www.nylag.org/lgbt

Manhattan: 7 Hanover Square, 18th Floor
General, Immigration, and Family: (212) 613-5000
LGBT Law Project: (212) 613-5000 ext. 5107
Offers legal support to low-income New Yorkers: General Legal Support, Immigration Protection Unit, LGBT Law Project, Matrimonial and Family Law, Legal Health, Total Life Choices (wills, proxies, powers of attorney), Special Litigation, Special Education, Financial Counseling, and Holocaust Compensation Assistance.

Make the Road By Walking

www.maketheroadny.org/

Brooklyn: 301 Grove St.
(718) 418-7690
Queens: 92-10 Roosevelt Ave., Jackson Heights
(718) 565-8500
Staten Island: 479 Port Richmond Ave.
(718) 727-1222

Free bilingual English-Spanish legal and supportive services aimed at holistic support; Assistance with Public Benefits, SSD/I, Fair Hearings, Housing, Immigration, Healthcare and insurance access, Civil Rights issues; Community organizing and advocacy.

NY Immigration Coalition

www.thenyic.org/

(212) 627-2227
Manhattan: 137-139 West 25th St., 12th Floor
Policy/advocacy work, education, technical assistance, and leadership development to support immigrants in NYS: focus on health, education, immigration, housing and parks, civic participation, and language access. Offers a comprehensive list of low-cost immigration service providers in NY.

Sylvia Rivera Law Project

www.srlp.org/

Manhattan: 147 W 24th St, 5th Floor
(212) 337-8550
Provides free legal services to TGNC people of color and low-income TGNC people, call for drop-in hours.

www.isna.org/

ISNA is no longer an active organization, however its website hosts a wealth of information about intersex conditions, both for people who have them and for parents/family/friends.

Organisation Intersex International (OII) USA

oiiusa.org

The Organisation Intersex International (OII) is a global advocacy group for people born with bodies which have atypical sexual characteristics. It is the largest intersex support group in the world, with branches on six continents. Provides education, support, and advocacy information.

LEGAL SERVICES

See also Immigration

Name Change Assistance

These orgs can help you file to change your name:

New York—NYC: Sylvia Rivera Law Project; Transgender Legal Defense and Education Fund; West Village Name Change Clinic; LGBT Law Project at NYLAG; and the Peter Cicchino Youth Project at the Urban Justice Center.

New York—Hudson Valley: The Loft

New York—Long Island: The Long Island GLBT Community Center

New England (CT, MA, ME): www.glad.org/uploads/docs/publications/trans-legal-issues.pdf

New Jersey: Legal Services of New Jersey; Procedure available online: www.judiciary.state.nj.us/prose/10551_namechg_adult.pdf

Getting needed documentation for your name change:

Birth Certificate. Contact the Office of Vital Records and Statistics in the county you were born in. Born in NYC: www.nyc.gov/html/doh/home.html or call 212-788-4520. Born in NYS: www.health.state.ny.us/nysdoh/vr/forms/birth.htm.

Rap Sheet, if you have a record. Contact the Legal Action Center at www.lac.org/ or (800) 223-4044. Additional documents might be requested, based on your individual situation. Contact a lawyer if you have any questions.

Name change in Civil Courts in NYC

www.nycourts.gov/courts/nyc/civil/

NYC residents may file name change petitions at civil courts in any of the 5 Boroughs. You can go to Manhattan court even if you live in another borough. SRLP has detailed explanations of the process in NYC in English & Spanish at srlp.org/resources/namechange.

Court locations:

Manhattan: 111 Centre St, Rm. 118, 646-386-5609

Brooklyn: 141 Livingston St., **Bronx:** 851 Grand Concourse, Queens: 89-17 Sutphin Blvd., **Staten Island:** 927 Castleton Ave.

Gender Marker/Sex Designation Changes

To change your gender marker on your ID (State ID, SS Card, Passport, Birth Certificate, and Benefits card) you will need a letter from a licensed PCP meeting specific requirements. See below, and Callen-Lorde has a guide at callen-lorde.org/graphics/2013/02/Changing-Gender-Markers-Federal-NY-NJ-CT-Web2.pdf

Birth Certificates: Vary by state. Please see:

INTERSEX/DSD RESOURCES

Accord Alliance

www.accordalliance.org/

NJ: 531 Rt 22 East #244, Whitehouse Station, NJ 08889
(908) 349-0534

Provides education and advocacy for people and families affected by DSD ("Disorders of Sexual Development") or intersex conditions, including support information.

Intersex Society of North America (ISNA)

www.drbecky.com/birthcert.html

Medicaid: No official policy exists.

Passport: Letter from licensed medical provider.

See: www.transequality.org/Resources/passports_2012.pdf

Social Security: A letter from surgeon or provider verifying that "sex change surgery was completed."

State ID—New York: Letter from licensed medical provider indicating that one gender predominates

State ID—New Jersey: Completed form:

www.state.nj.us/mvc/pdf/Licenses/genderchange.pdf

New York State Vital Records Offices

www.nyc.gov/html/doh/html/vr/vr.shtml

Request birth certificates and file requests to change your name or gender marker on your birth certificate for people who were born in NYS.

Other Legal Services

American Civil Liberties Union: LGBT Project

www.aclu.org/lgbt/

Manhattan: 125 Broad St., 18th Floor

(212) 549-2500

Advocacy, impact litigation, and legal services for LGBT people focusing on: LGBT rights, relationships/marriage, parenting, youth & schools, and TGNC discrimination.

For assistance regarding discrimination based on LGBT identity or HIV status go to: www.aclu.org/lgbt/.

- Transgender People and the Law Resource Guide:

www.aclu.org/files/images/asset_upload_file781_33764.pdf

ACLU of New Jersey:

www.aclu-nj.org

www.aclu-nj.org/yourrights/fileacomplaint/

(973) 642-2084

Gay and Lesbian Rights and Discrimination cases, has experience working with TGNC people.

New York Civil Liberties Union (NYCLU)

www.nyclu.org/

www.nyclu.org/content/getting-legal-assistance

Manhattan: 125 Broad St.

Provides legal services, advocacy, and public education to fight for civil rights.

HIV Law Project

www.hivlawproject.org/

Manhattan: 15 Maiden Lane, 18th Fl.

(212) 577.3001

Serves HIV+ Bronx and Manhattan residents with housing, immigration, benefits, and healthcare.

Lambda Legal Defense and Education Fund

www.lambdalegal.org/

Manhattan: 120 Wall St., Ste 1500

(212) 209-8585

Serves LGBT and HIV+ people through impact litigation, education, and public policy work.

Legal-Aid Society

www.legal-aid.org/

Manhattan: 199 Water St.

(212) 577-3300

Provides Civil and Criminal legal services to low-income New Yorkers. Projects include:

Community Law Office: (212) 426-3000

Employment Law Project: (888) 218-6974

Health Law Project: (212) 577-3575

HIV/AIDS Representation Project of the Harlem

Homeless Rights Project: (800) 649-9125

Immigration Law Detention Hotline: (212) 577-3456

Low-Income Taxpayers Clinic: (212) 426-3013

Prisoners Rights Project: (212) 577-3530 **or** write to Prisoners' Rights Project / The Legal Aid Society / 199 Water St. / New York, NY 10038

Legal Services of New Jersey

www.lsnj.org

Web Intake: <https://lsnjlawhotline.org/>

(888) 576-5229

Provides legal assistance on civil matter to low-income New Jersey residents. Offers guidance on name changes on the telephone (but does not represent clients for the name change process). Experience with TGNC people.

LGBT Law Association of Greater New York

www.le-gal.org/site/

Manhattan: 799 Broadway, #340

(212) 353-9118

Resource center, lawyer assistance program, LGBT Life Planning, Legal Walk-In Clinics on Long Island and in Manhattan, the West Village Trans-Legal Clinic.

West Village Trans-Legal Clinic: Name Change Project @ the LGBT Center on the First Monday of each month, assistance for legal name change.

LGBT Law Project at NY Legal Assistance Group

www.nylag.org/units/lgbt-law-project/

Manhattan: 7 Hanover Square, 18th Floor

(212) 613-5000 ext. 5107

Free representation regarding: discrimination based on sexual orientation or gender identity; Landlord/Tenant disputes; Legal name and document change; Immigration Issues; Orders of Protection; Public Benefits; Second Parent or Joint Adoption; Relationship dissolution; Custody and Visitation; Will, Health Care Proxy and Living Will Preparation.

The LOFT—LGBT Community Services Center for the Lower Hudson Valley

www.loftgaycenter.org/

White Plains: 252 Bryant Ave.

(914) 948-2932

Pro-Bono Name Change Project for TGNC people and Drop-In Legal Clinic for LGBT legal questions.

Long Island GLBT Community Center

www.ligbtcenter.org/

Bay Shore, NY: 34 Park Ave.

(631) 665-2300

Long Island Trans Experience (LITE) offers support services for TGNC people, including Name Change Clinic.

Prisoners' Legal Services of New York

www.plsny.org/

Ithaca, NY: 114 Prospect St. Ithaca, NY 14850

Free legal services for NYS prisoners. Submit inquiries via mail.

Servicemembers Legal Defense Network (SLDN)

www.sldn.org/

Washington DC: PO Box 65301, Washington DC 20035

(202) 328-3244 or (202) 328-FAIR

Legal services, watchdog, and policy work that supports LGB and TGNC servicemembers and is dedicated to full equality and ending discrimination and harassment based on sexual orientation or gender identity. Free legal services to active service members and veterans.

- Freedom to Serve: The Definitive Guide to LGBT Military Service: www.sldn.org/pages/guide-to-open-service

Sylvia Rivera Law Project (SRLP)

www.srlp.org/

Manhattan: 147 W 24th St, 5th Floor

(212) 337-8550

Provides free legal services to TGNC people of color and low-income TGNC people, call for drop-in hours.

Transgender Law and Policy Fund

www.transgenderlaw.org/

Brooklyn: 328 Flatbush Ave., Box 312

Advocates for TGNC people and brings together experts and advocates to work on law and policy initiatives designed to advance transgender equality.

Transgender Legal Defense & Education Fund (TLDEF)

www.transgenderlegal.org/

Manhattan: 151 West 19th St., Suite 1103

(646) 862-9396

Addresses discrimination against TGNC people through impact litigation and advocacy. The Name Change Project provides free legal representation during the name change process.

Urban Justice Center

www.urbanjustice.org/

Manhattan: 123 William St. 16th Floor

(646) 602-5600

Provides direct legal service, advocacy, community education and political organizing to NYC's most vulnerable residents.

Peter Cicchino Youth Project

www.urbanjustice.org/ujc/projects/peter.html

Free legal services for LGBT young people; drop in clinics at Ali Forney, Streetwork Project, and Hetrick Martin Institute

Sex Workers Law Project

www.urbanjustice.org/ujc/projects/sex.html

(646) 602-5617

Free legal services for sex workers, former sex workers, and those that are profiled or at risk for engaging in sex work, including victims of human trafficking.

Complaints: Discrimination

Equal Opportunity Employment Commission, NY District Office

www.eeoc.gov/

Manhattan: 33 Whitehall St.

(212) 336-3620; (800) 669-4000 / TTY (800) 669-6820

Call to file complaints regarding employment discrimination under federal law. Intake hours are Monday-Friday, from 9:00am to 3:00 pm.

NYC Commission on Human Rights

www.nyc.gov/html/cchr/

311 or (212) 306-7450

Call to file NYC human rights violations and discrimination complaints. **NYC's Anti-Discrimination law includes protections for people based on gender identity and sexual orientation** as well as race, religion, national origin, sex, age, disability, marital status, familial status, military status, domestic/intimate partner violence victim status, arrest or conviction record, or genetic characteristics.

NYS Division of Human Rights

www.dhr.ny.gov/

Bronx: One Fordham Plaza, 4th Floor

(718) 741-8400 / TDD: (718) 741-8300

Files NY State discrimination claims based on: race, religion, national origin, sex, age, disability, sexual orientation, marital status, familial status, military

status, domestic/intimate partner violence victim status, arrest or conviction record, or genetic characteristics.

Complaints: Lawyers/Attorneys Grievances

NYS Attorney Grievance Committees (by county)

nycourts.gov/ip/attorneygrievance/complaints.shtml

Takes complaints about unethical conduct by attorneys .

Bronx and Manhattan:

Manhattan: 61 Broadway, 2nd Floor

(212) 401-0800

Brooklyn, Queens & Staten Island:

Brooklyn: 335 Adams St., Suite 2400

(718) 923-6300

Dutchess, Orange, Putnam, Rockland and Westchester Counties:

White Plains, NY: 399 Knollwood Road, Suite 200

(914) 824-5070

Nassau and Suffolk Counties:

Hauppauge, NY : 150 Motor Parkway, Suite 102

(631) 231-3775

Complaints: Licensed Providers

NYS Office of Professional Discipline

www.op.nysed.gov/opd/

www.op.nysed.gov/opd/complain.htm

(800) 442-8106 / Fax: (212) 951-6420

File complaints about unethical practice by licensed providers: acupuncturists, massage therapists, therapists, social workers, pharmacists, dentists, dental hygienists, nurses, midwives, occupational therapists, physical therapists, speech-language pathologists, and more. **Complaints about (MDs) go to the Office of Professional Medical Conduct.**

Office of Professional Medical Conduct

www.health.ny.gov/professionals/doctors/conduct/

Complaints: (800) 663-6114, Main: (518) 402-0836

433 River St., Suite 303, Troy

File complaints about unethical practice by licensed medical providers including: general practitioners, internists, cardiologists, gynecologists, pediatricians, urologists, psychiatrists, surgeons, radiologists, oncologists, anesthesiologists, ophthalmologists, orthopedists, and other specialists.

Complaints: NYPD/Police Misconduct

Civilian Complaint Review Board

www.nyc.gov/html/ccrb/html/contact.html

Manhattan: 40 Rector St., 2nd Floor

(212) 306-7450

Accepts complaints about NYPD misconduct by the mail, phone, or internet.

NYPD—GLBT Liaison Unit

Manhattan: One Police Plaza, Room 308

(646) 610-6017

NYPD Liaison to the LGBT Community.

MENTAL HEALTH SERVICES

Ackerman Institute for the Family

www.ackerman.org/
Manhattan: 149 East 78th St.
(212) 879-4900

Couples, and family counseling. Gender and Family Project provides groups and family therapy to families with TGNC children and adolescents.

Association of Lesbian & Gay Affirmative Psychotherapists (ALGAP)

www.algap.org/
(646) 486-3430
Referral service to a small network of LGBT affirmative psychotherapists. Therapists work on sliding scale only.

Gay and Lesbian Affirmative Psychotherapy @ ICP

www.glapnyc.org/
Manhattan: 1841 Broadway
(212) 333-3444

LGBT affirmative psychotherapy 1-3 sessions a week.

Gateway Program of Integrated Health Services for LGBT People

Westchester County Medical Center
www.westchestermedicalcenter.com/
Valhalla, NY: 100 Woods Rd.
(914) 493-1753

Individual, family, couple, group, and substance abuse treatment specifically for LGBT people. Pre-teens through seniors. Linkages to primary care and specialty health services provided.

Heights Hill Mental Health—LGBT Affirmative Psychotherapy Program

www.rainbowheights.org/affirmative_program.php
Brooklyn: 25 Flatbush Ave.
(718) 875-1420

Outpatient program with dedicated services for LGBT people living with major mental illness. Psychiatric/psychological assessment; medication management; individual, family, and group therapy; educational groups; and social services.

Institute for Personal Growth

www.ipgcounseling.com/
NJ: Jersey City, Highland Park, Freehold
NYC: Chelsea, Union Square, and the Village
(800) 379-9220

Individual, group, couples and family therapy. Specialties in working with LGB and TGNC people, queer and poly relationships, BDSM, kink, and sex therapy.

Jewish Board of Family and Children's Services—GLBTQ Counseling Unit

www.jbfcs.org/programs.php?id=273
Manhattan: 135 West 50th St.
(212) 632-4482

Individual, group, couples and family therapy addressing issues relevant to the GLBTQ community such as identity formation, coming out, HIV/AIDS and the impact of homophobia, as well as general mental health problems; Psychiatry and medication management available.

Our Collective Mental Health

www.mytherapistnewyork.info/

Manhattan: 817 Broadway
LGBT-affirmative individual, couples, and family therapy. Sliding scale from \$40-150.

Post Graduate Center for Mental Health: Center for Adult Psychotherapy

www.pgcmh.org/index.html
Manhattan: 71 West 23rd St., 7th Floor
(212) 576-4195

Client-centered outpatient mental health services including therapy, group therapy, psychiatry, and medication management. Experience working with LGBT people. Other Postgraduate sites offer additional services.

Rainbow Heights

www.rainbowheights.org/
Brooklyn: 25 Flatbush Ave. 4th Fl.
(718) 852-2584

LGBT-focused psychosocial club and advocacy for adults who experience major mental illness. Psychotherapy, psychiatry, and substance use treatment available through Heights Hills.

Roberto Clemente

www.clementecenter.org/
Manhattan: 540 E. 13th St.
(212) 387-7400

Bilingual & bicultural (English-Spanish) outpatient mental health including therapy, psychiatry, social work, and a day treatment program. Not LGBT-specific.

Rock Dove Collective

www.rockdovecollective.org/
Coordinated network of health practitioners in the NYC area who provide physical, mental, sexual, emotional, social and spiritual care. Many practitioners in network accept mutual aid as payment or offer a sliding scale.

Sexual Assault and Violence Intervention Program

Mt. Sinai Hospital
www.mssm.edu/SAVI/
Manhattan: 1468 Madison Ave.
(212) 423-2140

Counseling for survivors of rape, sexual assault, child abuse, domestic violence, and intimate partner violence and support services for friends and families of survivors; Takanot Project, counseling and support services for Orthodox Jewish survivors of sexual assault and domestic violence; Legal advocacy; Education and training; Not LGBT-specific. Emergency Room Advocacy

at: **Manhattan:** Harlem Hospital; Lenox Hill Hospital; Metropolitan Hospital; The Mount Sinai Hospital; and **Queens:** Elmhurst Hospital Center; Queens Hospital Center; The Mount Sinai Hospital of Queens

St. Lukes Roosevelt—Child and Family Institute

chpnyc.org/services/slr_cfi/index.html

Manhattan: 411 W. 114th St.

Manhattan: 1090 Amsterdam Ave.

(212) 523-4885

Outpatient long-term individual, family, and group psychotherapy for young people ages 0-18 with health insurance. Offers DBT (Dialectical Behavioral Therapy) program and a trans-inclusive therapy group for LGBT youth ages 15-18.

The Staten Island LGBT Center

www.silgbtcenter.org/

Staten Island: 25 Victory Island

(718) 808-1362

Free Individual and Group psychotherapy.

Peer Mental Health Support Resources

The Icarus Project

www.theicarusproject.net/

Network of people living with and/or affected by experiences that are diagnosed as psychiatric conditions. Offers a website community, distributes publications on personal mental health care, offers tools, shares skills, creates art, engages in advocacy and activism, enhances community capacity, and offers technical assistance. Local and campus groups in many areas.

Queer Mental Health

www.queermentalhealth.org

Community-based support and resource site for queer people with mental health issues and their partners/family/friends. We welcome anybody including (but by no means limited to) people who are LGB, TGNC, two-spirited, intersex, queer, questioning, and/or allies.

www.unmarried.org/

Seattle, WA: PMB 136, 10002 Aurora Ave N. #36

(347) 987-1068

Advocates for equality and fairness for unmarried people, including those who are single, who choose not to marry, who cannot marry, or who live together before marriage. Provides support and information to constituents, fights discrimination based on marital status, and educates the public about related social and economic issues. Specific support and information for LGBT people, about domestic partnerships, and about parenting.

COLAGE (People with a Lesbian Gay Bisexual Transgender or Queer Parent)

www.colage.org/

San Francisco, CA: 1550 Bryant St., Suite 830

(415) 861-5437

COLAGE is a national movement of children, youth, and adults with one or more lesbian, gay, bisexual, transgender and/or queer (LGBTQ) parent/s. We build community and work toward social justice through youth empowerment, leadership development, education, and advocacy.

NYC COLAGE Chapter – Local group to support LGBTQ parents in NYC area www.colage.org/chapters/

- Donor Insemination Guide – www.colage.org/resources/for-lgbtq-parents/donor-insemination-guide/
- Kids of Trans Guide (for people with a transgender or gender non-conforming parent) – www.colage.org/resources/kot/
- Let's Get This Straight: The Ultimate Handbook for Youth with LGBTQ Parents – www.colage.org/featured/letsgetthisstraight/

Human Rights Campaign

<http://www.hrc.org/> and www.hrc.org/issues/parenting

Washington, DC: 1640 Rhode Island Ave. N.W.

(800) 777-4723

Advocacy and organizing for LGBT Equal Rights. HRC has a number of resources for TGNC people. Parenting page offers guides on adoption, assisted reproduction, foster parenting, protecting your family, and schools. Not trans specific, but useful information.

LGBT Collaborative Practice

www.lgbtqcollabnyc.org/index.html

Helping families separate with dignity. Practice of family lawyers, mental health providers, and financial advisors specializing in working with LGBT couples/families.

LGBT Community Center: Center Families

www.gaycenter.org/families

Manhattan: 208 West 13th St.

(212) 620-7310

Center Families: Support groups (TGNC Parenting Group, Parenting Support and Networking, and more); support for family-making processes (insemination, adoption, fostering, cooperative parenting, and more); financial planning; and events for families with young children.

Marriage Resource Project: Resources for LGBT marriage in NY.

LGBT Foster Care Project: Collaborative project between the Center and ACS to train and support foster care agencies in supporting LGBT young people in foster care, including parent resources on fostering and adoption, and resources for young people in foster care.

Parents, Family, & Friends of Lesbians & Gays

PARTNERSHIP, PARENTING, AND FAMILIES

Ackermann Institute for the Family

www.ackerman.org/

Manhattan: 149 East 78th St.

(212) 879-4900

The Gender and Family Project (GFP) provides outpatient clinical services (groups and family therapy) to families with gender nonconforming and transgender children and adolescents.

Alternatives to Marriage Project

(PFLAG)

www.community.pflag.org/

Washington, DC: 1828 L St., NW, Suite 660

(202) 467-8180

Offers support to LGBT people and their families through the coming out process

- PFLAG Transgender Network (TNet) focuses on support for transgender people and their parents, families, and friends.
- Welcoming our Trans Family and Friends (A Support Guide) – www.community.pflag.org/Document.Doc?id=202
- PFLAG Chapter Finder – www.community.pflag.org/Page.aspx?pid=803

Trans Youth Equality Foundation

www.transyouthequality.org/

(207) 478-4087

Provides education, advocacy, and support for TGNC children, youth, and their families. Fact sheets, reading lists, and resources lists for children, youth, and adults.

Transition Youth Family Allies

www.imatyfa.org/index.html

(888) 462-8932

Support for TGNC youth and families. Online message boards, newsletter, educational programs, and support for people working with TGNC youth. Reading lists.

www.doulaproject.org/

New York City

Provides free emotional, physical, and informational support to people across the spectrum of pregnancy. Offers low-cost birth doula services to pregnant people, works with an adoption center to provide doula services for birth mothers, and works with abortion clinics to provide doula services for those seeking abortions.

Idant Technology

www.idant.com/

Manhattan: 350 5th Avenue, Suite 7120

(212) 330-8500

Sperm banking and storage; Anonymous Donor program; Andrology services.

LGBT Community Center: Center Families

www.gaycenter.org/families

Manhattan: 208 West 13th St.

(212) 620-7310

Center Families: Support groups (TGNC Parenting Group, Parenting Support and Networking, and more); support for family-making processes (insemination, adoption, fostering,); financial planning; and events for families with young children.

New Jersey Fertility Center

www.ivfnj.com/ & www.ivfnj.com/fertility-preservation-options-for-the-lgbt-community-by-dr-marcus-jurema/

Multiple locations in NJ

IVF, egg freezing, egg donation, and surrogacy.

Reproductive Science Center of New England

www.gayivf.com/index.cfm

Locations in MA, RI, and NH

(800) 858-4832

Donor sperm and egg programs, surrogacy program, IVF, infertility, sperm and egg freezing.

Sperm Bank of California

www.thespermbankofca.org/

Berkeley, CA: 2115 Milvia Street Ste 201

(510) 841-1858

Sperm banking and storage; Anonymous and Identity-Release Donor programs; Andrology services.

First-Person Narratives and Other Resources

Art of Transliness: artooftransliness.tumblr.com/post/8454332160/egg-retrieval-and-ivf-for-trans-guys

Baby Steps: transgenderbabysteps.blogspot.com/

COLAGE Donor Insemination Guide: www.colage.org/resources/for-lgbtq-parents/donor-insemination-guide/

Gender Centre: The Baby Game—How to Make Babies in a Transgender Relationship:

gendercentre.org.au/84article8.htm

HipMama: hipmamazine.com/hip_mama_zine/Home.html (very queer & trans friendly)

LGBTQ Family Connection (Canada):

www.lgbtqparentingconnection.ca/

Milk Junkies (breastfeeding): www.milkjunkies.net/

Musings of a (soon-to-be) Transgender Father:

transfather.blogspot.com/

Radical Doula: radicaldoula.com/

Rainbow Health Ontario—Reproductive Options for Trans

People: www.rainbowhealthontario.ca/admin/contentEngine/contentDocuments/ReproductiveOptionsforTransPeoplefinal.pdf

[Reproductive Options for Trans People final.pdf](http://www.rainbowhealthontario.ca/admin/contentEngine/contentDocuments/ReproductiveOptionsforTransPeoplefinal.pdf)

The Doula Project: www.doulaproject.org/

T-Male: www.thetransitionmale.com/Surrogate.html

Transparent: www.transparentthefilm.com/

TS Roadmap: Reproductive Options for Trans Women:

PARENTING: REPRODUCTIVE SERVICES**It's Conceivable: Directory of LGBTQ-Friendly Fertility Clinics & Hospitals in NYC-Metro Area**

itsconceivablenow.com/fertility-clinics-and-hospitals-in-nyc/ and itsconceivablenow.com/gay-friendly-obstetricians-and-doulas-in-nyc/

LGBT-affirming reproductive services providers in NYC.

California Cryobank

www.cryobank.com/

Manhattan: 369 Lexington Ave, St. 401 (Donors/Clients)

(212) 779-1608

Manhattan: 635 Madison Ave, 10th Fl. (Sperm Storage)

(866) 477-3762

Sperm banking and storage; Anonymous and Identity-Release Donor programs; Andrology services. TGNC experience. Locations in Los Angeles and Palo Alto (CA), Cambridge (MA), Las Vegas (NV), and Norwalk (CT).

Callen-Lorde Community Health Center Alternative Insemination Clinic

www.callen-lorde.org/

Manhattan: 356 W. 18th St.

(212) 271-7200

Transgender Sexual Health Clinic, including routine trans-sensitive gyn services, screenings, and alternative insemination program.

The Doula Project

www.tsroadmap.com/physical/storage.html

PRISON & REENTRY SERVICES

Fortune Society

www.fortunesociety.org/

Queens: 29-76 Northern Boulevard, Long Island City
(212) 691-7554

Holistic, one-stop services: Alternatives to Incarceration, drop-in, employment, education, family, health, housing, substance abuse treatment, reentry/transitional services, recreation, and lifetime aftercare.

Walk-in Hours are from 8:00am-4:00pm, M-F

Letters of Reasonable Assurance (re: Fortune Society providing reentry services after release): Write to Edward Hosek, c/o The Fortune Society, 29-76 Northern Boulevard, Long Island City, NY 11101, RE: Letter of Reasonable Assurance.

Trans in Prison Newsletter

www.gicofcolo.org/tip.aspx

HOTLINE: (303) 586-1452

Published to support TGNC people who are incarcerated. Free to all prisoners who request it. \$25 subscription for people who are not currently incarcerated.

Welcome Home: A Resource Guide for Reentrants and their Families

www.realcostofprisons.org/materials/welcome-home.pdf

Harlem Community Justice Center

Manhattan: 170 East 121st St.

(212) 360-4131

NYC referrals to support people after incarceration.

Hearts on a Wire Collective

heartsonawire@gmail.com

Philadelphia, PA: PO Box 36831; Philadelphia, PA 19107

Produces quarterly newsletter for transgender and gender variant people incarcerated in Pennsylvania, with contributions by trans & gender variant people who are currently or formerly incarcerated, as well as supportive community members.

- This is a Prison, Glitter is Not Allowed: Experiences of Trans and Gender Variant People in Pennsylvania's Prison System: www.scribd.com/doc/56677078/This-is-a-Prison-Glitter-is-Not-Allowed

New York Public Library

Correctional Services Program

www.nypl.org/help/community-outreach/correctional-services-program

Provides books to people who are currently incarcerated in NY and community resources and referrals.

- Connections: A Guide for Formerly Incarcerated People to Information Sources in NYC and The Job Search: www.nypl.org/sites/default/files/11_1_11_connections_2012.pdf

Sylvia Rivera Law Project

Prisoner Advisory Committee (PAC)

www.srlp.org/

Manhattan: 147 W 24th St, 5th Floor
(212) 337-8550

Provides free legal services to TGNC people of color and low-income TGNC people, call for drop-in hours. Prisoner Advisory Committee made of TGNC people and allies who are currently incarcerated. Works on changing policies, building community, and sharing information and strategies. Produces a newsletter, In Solidarity.

- It's War In Here: A Report on the Treatment of Transgender and Intersex People in New York State Men's Prisons: www.srlp.org/files/warinhere.pdf

Prison Writing Program

Pen American Center

www.pen.org/prison-writing

Handbook to assist writers in developing skills, writing workshops, and assists in getting writing published. Runs an annual Prison Writing competition.

- Handbook for Writers in Prison: www.pen.org/order-handbook-writers-prison

Women's Prison Association

www.wpaonline.org/

Manhattan: 110 Second Avenue

(646) 292-7740

Provides women with holistic services and advocacy after release from prison/jail. Some experience working with TGNC people. Offers Residential and Family Services, Reentry Services, and Neighborhood-Based Services in East New York.

RELIGIOUS ORGANIZATIONS AND

TransFaith Online

www.transfaithonline.org/

Interfaith online support for TGNC people.

Human Rights Campaign

www.hrc.org/

Washington, DC: 1640 Rhode Island Ave. NW

(800) 777-4723

Advocacy and organizing for LGBT Equal Rights. HRC has a number of resources for TGNC people.

- Religion and Faith – www.hrc.org/resources/entry/living-openly-in-your-place-of-worship
- Organizing and discussion about religious communities and LGBT inclusion.
- Living Openly in Your Place of Worship – www.hrc.org/resources/category/religion-faith

Buddhist: Int'l Transgender Buddhist Sangha

www.transgenderandbuddhism.socialgo.com/

www.transgenderbuddhism.blog2blog.nl/

International network to support transgender Buddhists.

Christian: Institute for Welcoming Resources

www.welcomingresources.org/

Searchable map of Christian congregations that welcome LGBTQ people, supportive organizations, educational resources for individuals and congregations, and more.

Christian: Judson Memorial Church

www.judson.org/

Manhattan: 55 Washington Square South
(212) 477-0351

A sanctuary for progressive activism, artistic expression, and spiritual nurture that welcomes all LGBT people to participate fully in the life and ministry of the church.

Christian: Metropolitan Community Church of NY

mccny.org/

Manhattan: 446 West 36th St.
(212) 629-7440

A spiritual home for the LGBT community, open to all. GenderPeople transgender support group.

Christian: Unity Fellowship Movement

www.unityfellowshipchurch.org/

Brooklyn: 2578 Atlantic Ave
(718) 385-2406

Welcoming and liberationist congregation, around gender, sexuality, and race. Many locations in the US.

Jewish: Eshel

www.eshelonline.org/

Builds community for traditional, Orthodox, and from LGBT Jews. Develops community programming including a Shabbaton, educational initiatives, and a resource library of welcoming resources for individuals & Rabbis.

Jewish: Institute of Judaism and Sexual Orientation

www.huc.edu/ijso/

Directory of LGBT and Welcoming synagogues, Jewish LGBT organizations, educational resources, and research.

Jewish: Congregation Beit Simchat Torah

www.cbst.org/

Manhattan: 57 Bethune St.
(212) 929-9498

Synagogue serving LGBTQ community of NYC since 1973. Has an active Trans Empowerment Committee.

Jewish: Kolot Chayeinu

www.kolotchayeinu.org/

Brooklyn: 1012 Eighth Ave. (at Church of Gethsemane)
(718) 390-7493

Independent synagogue with a diverse community including varying sexual orientations, gender identities, races, family arrangements, and Jewish identities and backgrounds.

Muslim: Muslims for Progressive Values

www.mpvusa.org/

LGB and TGNC-friendly religious and cultural organization headquartered in LA with chapters/affiliates in Los Angeles, Philadelphia, New York, Washington DC, and Ottawa. Resources for contemporary progressive Islam and a list of progressive mosques.

Muslim and Hindi: The Queer East

www.queereast.org/resources.html

Resources for LGB and TGNC people of Asian descent, including Hindi and Muslim resources.

Radical Faeries

www.radfae.org/

Spiritually and politically radical queer communities. Links to information about regional Radical Faerie activities and individual Faerie websites.

SUBSTANCE USE AND RECOVERY SERVICES

12 Step Resources

The Long Island LGBT Center, Staten Island LGBT Center, and The Loft have 12 Step Recovery groups.

Trans Network AA: TransAAnyc@gmail.com

Queer & Sober: nycqueerandsober.org/

LGBT Center: www.gaycenter.org/groups/12step

NYC LGBT AA Listings: www.royy.com

NYC Young People AA: www.nycypaa.org/

NYC/NYS 12 Step Listings:

www.nyintergroup.org/

Agnostic AA Meetings: www.agnosticaanyc.org/

Alcoholic's Anonymous: (212) 647-1680

NYC Al-Anon: www.nycalanon.org/

Al-Anon: (212) 941-0094

Crystal Meth Anonymous NY: www.nycma.org/

Crystal Meth Anonymous: (212) 642-5029

Sexual Compulsives Anonymous: www.sca-recovery.org/
and (212) 439-1123

Harm Reduction and Syringe Exchange

Frost'D

www.frostd.org

Manhattan: 290 Lenox Ave. Basement Fl.
(212) 924-3733

Syringe exchange, HIV and Hep C testing, psychotherapy for people living with HIV, Harm Reduction Planning and Overdose Prevention.

Harm Reduction Coalition

www.harmreduction.org/

22 West 27th St., 5th Fl., Manhattan
(212) 213-6376

Oakland, CA: 1440 Broadway, Suite 510
(510) 444-6969

Overdose prevention; training, leadership development; and advocacy to support the health and dignity of individuals and communities affected by drug use.

Lower East Side Harm Reduction Center

www.leshrc.org/

Manhattan: 25 Allen St.
(212) 226-6333

Syringe Exchange, Case Management, Therapy and Psychiatry, Medical, HIV and Hep C Testing, Peer Education, Nutrition, Drop-In Center, Wellness Services, Transgender Advocacy Group, and support groups.

Positive Health Project at Housing Works

www.housingworks.org/heal/

Manhattan: 301 West 37th St., 2nd Floor
(212) 465-8304

Support groups, Case Management, Crisis Intervention,

and Syringe Exchange.

Detox and Residential (Inpatient)

Addictions Institute

www.addictioninstituteny.org/

Manhattan: 1000 Tenth Ave.

(212) 523-8373

Experience working with TGNC people. Medicaid, Medicare, and many private plans.

Arms Acres

www.armsacres.com/index.html

In- and Out-Patient recovery services. Accepts Medicaid, Medicare, and many private plans. Some experience working with the LGBT community.

Bronx Addiction Treatment Center

Bronx Psychiatric Center

www.oasas.ny.gov/atc/bronx/index.cfm

Bronx: Building #13, 1500 Waters Pl.

(718) 904-0026 x323

Accepts Medicaid, Medicare, Private Insurance, Military Insurance, and uninsured. Must live in the Bronx. Some experience with transgender people.

Brattleboro Retreat, Mental Health and Addiction Care

www.brattlebororetreat.org/

Brattleboro, VT: 75 Linden St,

(802) 258-3700

Offers LGBT specific unit, gender neutral bathrooms. Accepts Medicare, Private Insurances.

Palladia, Inc.—Starhill

www.palladiainc.org/

Bronx: 1600 Macombs Rd.

(718) 299-3300

Must be NYC resident to be eligible for services. Has some experience offering services to TGNC people.

Pride Institute

www.pride-institute.com/

Locations in Minnesota and Florida

(800) 547-7433

Treats sex addiction. Access to concurrent groups focusing on LGBT DV, anger management and seniors. Some experience with transgender people.

Day Programs (Outpatient)

Addictions Institute

www.addictioninstituteny.org/

Manhattan: 1000 Tenth Avenue

(212) 523-8373

Accepts Medicaid, Medicare, and many private plans. Experienced working with TGNC people. Crystal Clear Methadone Maintenance program.

Center CARE @ the LGBT Community Center

www.gaycenter.org/health/recovery

Manhattan: 208 West 13th St.

(212) 620-7310

Center CARE Recovery Intensive Outpatient Substance Abuse Program (OASAS Certified).

Gateway Program of Integrated Health Services for LGBT People

Westchester County Medical Center

www.westchestermedicalcenter.com/

Valhalla, NY: 100 Woods Rd.

(914) 493-1753

Provides individual, family, couple, group, and substance abuse treatment specifically for LGBT people. Pre-teens through seniors. Linkages to primary care and specialty health services provided.

Greenwich House

www.greenwichhouse.org/

Manhattan: 122 West 27th St., 6th Fl.

(212) 691-2900

Alcohol and Substance Abuse Treatment, Methadone Maintenance. Medicaid, ADAP on limited basis.

Realization Center

realizationcenternyc.com/

Manhattan: 19 Union Square West

(212) 627-9600

Broad range of specialized programs including ones for people who are dually diagnosed with serious mental illness, a sexual addiction program, a program for LGBT people, and for people who are using crystal meth.

SURGERY SCHOLARSHIPS

CK Life

cklife.org/

(347) 881-7005

Bronx: 1067 Ogden Avenue

Offers scholarships for gender-confirming surgeries, runs a transgender support group & the CK Life Trans Clinic.

***Those receiving NYS insurance will not be eligible**

Jim Collins Foundation

jimcollinsfoundation.org/

North Branford, CT: P.O. Box 1002

Offers scholarships for gender-confirming procedures.

VOCAL COACHING

Christie Block

www.transgendervoice.net/

Manhattan: 65 Broadway, Suite 901

(347) 677-3619

Transgender Voice Training and Speech Therapy for people of all genders. Provides low-cost workshops and individual sessions.

Norma Garbo

mikemusc.wix.com/normagarbo

Manhattan: 830 Broadway

(212) 475-2233

Classes and DVD on voice feminizing as well as voice coaching. Rooted in performance techniques.

Rhonda K. Rulnik, MA, CCC-SLP

Voorhees, NJ: 15 Hopkins Street
(856) 309-7110
Adult and adolescent speech/voice therapy.

Voice Care Center

Westchester Institute for Human Development

www.wihd.org/page.aspx?pid=321

Valhalla, NY: Cedarwood Hall
(914) 493-7294

Voice assessment laboratory, as well as providing assessment and treatment of voice disorders for children and adults. Offers TGNC voice training.

FOR PROVIDERS AND PROFESSIONALS

Resources**TransLine**

project-health.org/transline/

Free transgender medical consultation service with up-to-date clinical information and individualized case consultation across a broad range of clinical TGNC issues.

10 Tips for Improving Services for TGNC People

transline.zendesk.com/entries/21714001-10-tips-for-providers

Cultural competency guide for working with TGNC people in clinical settings.

How to Support Trans Clients

smycr.org/images/pdf/How%20to%20Support%20Trans%20Clients.pdf

Cultural competency guide for working with TGNC people in varied settings, including mental health and social services.

Professional Associations**Endocrine Society**

Devoted to research on hormones and the clinical practice of endocrinology.

- Endocrine Treatment of Transsexual Persons:
www.endo-society.org/guidelines/final/upload/Endocrine-Treatment-of-Transsexual-Persons.pdf

Gay & Lesbian Medical Association

www.glma.org

Largest association of LGBT health care professionals. Support for providers and a provider search to assist in finding LGBT-affirmative care.

World Professional Association of Transgender Health (WPATH)

www.wpath.org/

Promotes evidence based care, education, research, advocacy, public policy and respect in transgender health.

- WPATH Standards of Care Version 7:
www.thisishow.org/Files/soc7.pdf

Provider Networks**Gender Variant Youth and Family Network NYC**

GenFamNYC@gmail.com

Network of providers in NYC seeking to increase awareness of available local resources for gender variant youth and their families.

READING LIST:**MEMOIRS AND PERSONAL WRITING**

- The Queer Zine Archive Project has many, many writings by TGNC and queer people. qzap.org/
- A Queer and Pleasant Danger, Hello Cruel World: 101 Alternatives to Suicide for Teens, Freaks, and Other Outlaws, My Gender Workbook, & Gender Outlaw—by Kate Bornstein
- Both Sides Now: One Man's Journey through Womanhood—by Dhillon Khosla
- Butch is a Noun—by S. Bear Bergman
- Exile and Pride: Disability, Queerness and Liberation—by Eli Clare
- From the Inside Out: Radical Gender Transformation, FTM and Beyond—by Morty Diamond
- GenderQueer: Voices from Beyond the Sexual Binary—Edited by Joan Nestle, Riki Wilchins, and Clare Howell.
- I Rise—by Toni Newman
- Just Add Hormones: An Insider's Guide to the Transsexual Experience—by Matt Kailey.
- Kicked Out—Edited by Sassafras Lowrey
- Mark 947: A Life Shaped by God, Gender, and Force of Will—by Calbernia Addams
- Nobody Passes: Rejecting the Rules of Gender Conformity, Why Are Faggots So Afraid of Faggots, and That's Revolting! Queer Strategies for Resisting Assimilation—by Mattilda Bernstein Sycamore
- Persistence: All Ways Butch and Femme and many other works—by Ivan Coyote
- Seasonal Velocities—by Ryka Aoki
- She's Not There—by Jennifer Finney Boylan.
- Tango: My Childhood, Backwards and in High Heels—by Justin Vivian Bond
- The Testosterone Files—by Max Valerio Wolf
- The Transgender Child: A Handbook for Families and Professionals—by Stephanie Brill and Rachel Pepper
- Teeny Weenies & Other Short Subjects—by Matt Kailey
- Through the Door of Life: A Jewish Journey Between Genders—by Joy Ladin.
- Transfeminist Perspectives—by Anne Enke
- Trans Forming Families: Real Stories About Transgendered Loved Ones—by M. Boenke.
- Transgender History—by Susan Stryker
- Transgender Liberation, Transgender Warriors, and Stone Butch Blues—by Leslie Feinberg.
- Transgender Rights—by Paisley Currah
- Transgender Voices: Beyond Women and Men and Becoming a Visible Man—by Jamison Green.
- Transition and Beyond: Observations on Gender Identity—by Redi Vanderurgh
- Transposes—by Dylan Edwards
- Whipping Girl: A Transsexual Woman on Sexism and the Scapegoating of Femininity—by Julia Serrano

E-MAIL GROUPS

E-mail Groups (Listserves)

- Aging Listserves (ElderTG and TAN Professionals): forge-forward.org/aging/listservs/
- Dina List (Transgender Orthodox Jews): starways.net/beth/dina.html
- Facial Feminization Surgery Support: groups.yahoo.com/group/FFS-support
- FTM Phalloplasty Info: groups.yahoo.com/group/ftmphalloplastyinfo
- FTM Surgery Financial Planning: groups.yahoo.com/group/Finances_SurgeryFTM
- FTM Surgery Info: groups.yahoo.com/group/ftmsurgeryinfo
- FTM Medoidioplasty: groups.yahoo.com/ftmmetoidioplasty
- Genderqueer and Transgender Parenting: groups.yahoo.com/group/GOTGParenting/
- Long Island Transgender Community Forum: groups.yahoo.com/group/StonyBrookTransSolidarityProject/
- MTF Surgery Info: groups.yahoo.com/group/MTF-SRS-FTM
- Phalloplasty Info: groups.yahoo.com/group/Phalloplastyinfo/
- Re/De/Untransitioning: groups.yahoo.com/group/nogoinback
- The Art of Tucking: groups.yahoo.com/group/theartoftucking
- The Deciding Line (FTM Lower Surgeries): groups.yahoo.com/TheDecidingline
- Trans Couples (MTF/FTM couples): groups.yahoo.com/group/Transcouplesmtfftm
- Trans Muslims: groups.yahoo.com/group/TransMuslims/
- Trans Sobriety: groups.yahoo.com/group/transsobriety
- Transgender Vets: groups.yahoo.com/group/TSVets
- TransSistahs-TransBrothas: groups.yahoo.com/group/Transsistahs-Transbrothas
- TSParenting: groups.yahoo.com/group/TSParenting
- Voice TS Group: groups.yahoo.com/group/voicets

TGNC AND TGNC-SUPPORTIVE CONFERENCES

- Black Transmen Advocacy Conference (Dallas, TX): retreat.blacktransmen.org/index.html
 - Butch Voices (Site Changes): butchvoices.com/
 - Chicago's Be-All (Chicago, IL): be-all.org/
 - Colorado Gold Rush (Denver, CO): gicofcolo.org/
 - Creating Change: creatingchange.org/
 - Diva Las Vegas (Las Vegas, NV): geekbabe.com/dlv/
 - Empire Conference (Albany, NY): transeventsusa.org/empire/
 - Espirit (Port Angeles, WA): espritconf.com/
 - Fantasia Fair (Provincetown, MA): fantasiafair.org/
 - Femme Conference (Site Varies): femme2012.com/
 - First Event (Boston, MA): tcne.org/
 - Gender Odyssey (Seattle, WA): genderodyssey.org/
 - Gender Spectrum Family Conference (Seattle, WA): genderspectrum.org/
 - Just You Week (Las Vegas, NV): crossdresslasvegas.com/
 - Nolose (Site Varies): www.nolose.org/
 - Philadelphia Trans Health Conference (Philadelphia, PA): trans-health.org/
 - Southern Comfort Conference (Atlanta, GA): sccatl.org/
 - The Keystone Conference (Harrisburg, PA): transcentralpa.org/keystone.htm
 - Trans Ohio Transgender & Ally Symposium (Columbus, OH): transohio.wordpress.com/
 - Trans Youth Summit (Boston, MA): masstpc.org/events/tys/
 - Transcending Boundaries (Springfield, MA): transcendingboundaries.org/
 - Transgender Leadership Summit (Los Angeles, CA): transgenderlawcenter.org/
 - Transgender Lives: The Intersection of Health & Law Conference (Farmington, CT): transadvocacy.org/
 - Transgender Religious Leaders Summit (Berkeley, CA): www.clgs.org/transgender-roundtable
 - Translating Identity Conference (Burlington, VT): uvm.edu/~tic/
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WEB RESOURCES

TGNC Identities and Transitioning

- Big Brothers Binders Program: thetransitionalmale.com/BBUB.html
- Clothing: DapperQ: dapperq.com/; Marimacho: marimachobk.com/; QWEAR: qwear.tumblr.com/; Tomboy Femme Style: tomboyfemme.com/; Trans Clothing Exchange: transclothesexchange.tumblr.com/; Silly Trans Woman—Help Find Clothes That Fit!: sillytranswoman.blogspot.com/2011/01/help-find-clothes-that-fit.html
- Coming Out As a Transgender Person: A Workbook: tinyurl.com/MCCComeOutWkbk
- FTM at Underworks: ftm.underworks.com/
- FTMIternational: ftmi.org/
- Genderqueer Identities: genderqueerid.com/
- Hudson’s FTM Guide: ftmguide.org/
- Laura’s Playground: lauras-playground.com/
- Love Your Body!: transequality.org/PDFs/HealthFacts.pdf
- Lynn’s Place: tglynnspplace.com/
- Mazzoni Center Resources: mazzonicenter.org/resources
- Medical Therapy and Health Maintenance for Transgender Men: nickgorton.org/
- Peacock Products: peacockproducts.com/
- Silly Trans Woman (Transition-related Information and news) sillytranswoman.blogspot.com/
- Susan’s Place: susans.org/
- TG Forum: tgforum.com/
- The Transgender Housing Network: transhousingnetwork.com/
- The Transitional Male: thetransitionalmale.com/
- Transguys: transguys.com/
- Trans-Health: trans-health.com/
- Transsexual Roadmap: tsroadmap.com/index.html
- T-VOX: t-vox.org/
- VCH Trans Health Library: transhealth.vch.ca/resources/library/

Surgeon Guides

- Transbucket: transbucket.com/
- T-Vox Surgeons List: t-vox.org/index.php?title=Surgeons
- TGSurgeons List: https://docs.google.com/spreadsheets/lv?key=0ArDG_ya3-geydHEz-cmJTd3NoajNFMUd5V0puUzFLelF&usp=sharing
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Sexual Health & Health Education

- Book of Choices—Resources for pregnancy and abortion in NY: www.prochoiceny.org/boc/
- Emergency: Planning for Unplanned Health Care: griefsucks.wordpress.com/resources/emergency/
- Fucking Transwomen (Sexual Health Guide By and For Transwomen): www.fuckingtranswomen.com/
- Go Ask Alice!: www.goaskalice.columbia.edu/
- Lesbian Cancer Initiative Resource Guide (for LBT People): www.gaycenter.org/health/lci/resources
- Primed—The Back Pocket Guide for Transmen and the Men Who Love Us: www.queertransmen.org/
- Safer Sex Post SRS—Positively Aware: www.positivelyaware.com/2008/08_04/safer_sex.html
- Scarleteen: Sex Education for the Real World: www.scarleteen.com/
- TM4M—Resources for Transmen Who Play with Men: www.apiwellness.org/tm4m.html
- The Trans Women’s Anti-Violence Project: transfeminism.tumblr.com/

Community, Arts/Culture, and News

- Bodies Like Ours: www.bodieslikeours.org/forums/
- BKLYN Boihood: www.bklynboihood.com/
- Brown Boi Project: www.brownboiproject.org/
- CT Trans Advocacy Coalition: www.transadvocacy.org/?p=17
- FlyRights—TSA Complaint Phone Application: www.fly-rights.org/
- Global Action for Transgender Equality: www.transactivists.org/
- National Resource Center on LGBT Aging: www.lgbtagingcenter.org/
- Nolose: www.nolose.org/
- Original Plumbing: www.originalplumbing.com/
- PrettyQueer: www.prettyqueer.com/
- Queer Commons: www.thequeercommons.org/
- Quorum Forum: www.quorumnyc.org/
- The Stud Magazine: www.thestudmagazine.com/
- We Happy Trans: wehappytrans.com/

Finding a Provider Near You

Rad Remedy

Search TGNC-friendly providers based on location <https://www.radremedy.org/>

MyTransHealth

Search TGNC-friendly providers based on location <http://mytranshealth.com/>

NOTES



356 W. 18th Street / New York, NY 10011
(212) 271-7200 — callen-lorde.org
