



Trans and Gender Non-Conforming (TGNC) Folks and PrEP:

WHAT WE SHOULD KNOW

CalLEN ▼ **LORDE**
COMMUNITY HEALTH CENTER

356 West 18th Street • New York, NY 10011



THINKING ABOUT PrEP?

PREP STANDS FOR PRE-EXPOSURE PROPHYLAXIS, WHICH MEANS THAT IF YOU TAKE ONE PILL OF PrEP ONCE A DAY, YOU CAN LOWER YOUR RISK OF GETTING HIV BY UP TO 99%.

IF YOU ARE HIV-NEGATIVE, PrEP MAY BE RIGHT FOR YOU.

IS PrEP RIGHT FOR ME IF I AM TGNC?

People of all different gender identities and gender expressions can take PrEP. Talk to your provider about if PrEP is right for you.

WILL PrEP INTERFERE WITH HORMONES?

NO! The most important PrEP study included trans women and showed that hormones were not affected by Truvada. PrEP works just as well for people who are using hormones.

HOW DOES PrEP WORK IN THE BODY?

PrEP is a medication called Truvada—you take one pill per day. PrEP makes a shield around your white blood cells so that even if HIV gets inside your body, it can't "take root." **When taken daily, you lower your chance of becoming HIV-positive by up to 99%.** It takes up to 21 days of taking PrEP every day for your body to build maximum protection against HIV.

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PrEP reduces the risk
of getting HIV by up to
99%!





ISN'T PrEP FOR PEOPLE WHO HAVE LOTS OF SEX?

Taking PrEP doesn't mean you have multiple sex partners, or that you have lots of sex. It just means that you are concerned about protecting yourself from HIV.

DOES USING PrEP MEAN I DON'T HAVE TO USE CONDOMS ANYMORE?

Taken daily, PrEP reduces your chance of getting HIV by up to 99%. But PrEP doesn't protect against other sexually-transmitted infections, like chlamydia, gonorrhea, or syphilis.

ISN'T TRUVADA AN HIV DRUG?

Truvada in combination with other drugs is used by some people who are HIV-positive. But one pill daily of Truvada is used for PrEP, to help *prevent* HIV.

WHAT DO WE KNOW ABOUT PrEP AND TGNC PEOPLE?

Not enough... the studies done on TGNC folks taking PrEP is very small, and it doesn't include trans men. We need to fight for more research!

CAN I AFFORD PrEP?

Make an appointment with our PrEP specialists if you have questions about whether you can afford PrEP. The PrEP specialist will help guide you through your insurance coverage. If you are uninsured, the PrEP specialist can help you to apply for patient assistance programs where you can get PrEP for free!

HOW DO I GET PrEP?

To get on PrEP you should talk to your provider, who will take your blood and run some tests, including for STDs and HIV.

PrEP is available through your doctor or at our Sexual Health Clinic at 230 West 17th Street.

For more information *(including help filling out applications)*

call our PrEP Specialists on our PrEP Hotline at 212.271.7293

HELPFUL RESOURCES:

Callen Lorde:
callen-lorde.org/prep/

NYC Dept. of Health/PrEP Facts:
nyc.gov/html/doh/html/living/prep.shtml

callen-lorde.org

    /callenlorde

LOCATIONS

CALLEN-LORDE

356 West 18th Street
New York, NY 10011
212.271.7200

THEA SPYER CENTER

230 West 17th Street
New York, NY 10011
212.271.7200

CALLEN-LORDE BRONX

3144 3rd Avenue
Bronx, NY 10451
718.215.1800

Convenient hours and payment options available.
Call today for an appointment.
Visit our website for more information.



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